



EDUCATIONAL PROGRAM

6B01 - Pedagogical sciences

(Code and classification of the field of education)

6B014 - Teacher training with subject specialisation for general development

(Code and classification of the direction of training)

0114

(Code in the International Standard Classification of Education)

B005 - Training of teachers of physical culture

(Code and classification of the educational program group)

6B01406 Physical Culture and Sport/ Manager of Sport and Recreation

(Code and name of the educational program)

Bachelor

(Level of preparation)

Semey

Educational program

6B01 - Pedagogical sciences

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PREFACE

Developed

The educational program 6B01406 - Physical Culture and Sport/ Manager of Sport and Recreation in the direction of preparation 6B014 - Teacher training with subject specialisation for general development on the basis of the State Compulsory Standards of Higher and Postgraduate Education approved by the Order of the Ministry of Science and Higher Education of the Republic of Kazakhstan dated July 20, 2022 No 2 (as amended by the order) was developed by the Academic Committee dated 20.02.2023 No 66).

Members of the Academic Committee	Full name	Academic degree, academic title, position	Signature
Head of the Academic Committee	Mukayev Zhandos Toleubekovich	Dean of the Faculty of Natural Sciences and Mathematics	
Educational program manager	Mukhambayev Bektas Rakhimbiyevich	physical education and sports teacher of the Department	
Member of the AC	Mukazhanov Nurlan Kakenovich	Head of the Department of Physical Culture and Sports	
Member of the AC	Yermenova Batilya Oralbaevna	Senior Lecturer of the Department of Physical Culture and Sports	
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Member of the AC	Dulat Sovetkhanuly	Director of the Youth Sports School of the Olympic reserve with children in winter sports of Semey	
Member of the AC	Urazbayeva Aizhan	Director Semipalatinsk higher multidisciplinary college	
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Reviewing

Full name of the reviewer	Position, place of work	Signature
Suleimenov Marat	Director of the East Kazakhstan Children s Sports School No. 2, Semey	

Reviewed

At the meeting of the Quality Assurance Commission
Natural and Mathematical of the faculty
Recommended to be for approved
by the Academic Council of the University
Record No 1 "04 " april, 2023 y.
Chairman of the Commission Zheldybaeva B.S.

Agreed

Head of the education department of the city of Semey Bulabaev B.Z.

Approved at the meeting of the Academic Council of the University Protocol No. 8 "25" April 2023.

Approved

at the meeting of the Academic Council of the University
Protocol No. 1 "01" of September 2023
Chairman of the Academic Council of the University Orynbekov D.R.

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1.Introduction

1.1.General data

The Department of Physical Culture and Sports of the Faculty of Natural and Mathematical Sciences of the NJSC Shakarim University of Semey provides training in the educational program 6B01406 Physical culture and sports / Manager of sports and recreation. This educational program was developed taking into account the needs of the labor market in the region, the opinions of employers, the possibilities of application in other sectors of life, the requirements of regulatory documents and one of the main documents for organizing the educational process.

Distinctive features and opportunities, the uniqueness of the educational program 6B01406 Physical culture and sports / Manager of sports and recreation are:

- ☒ Demand for specialists with higher pedagogical education in the region;
- ☒ The share of graduates studying under government orders and employed in their specialty is 90%
- ☒ Sufficient level of calmness; the share of full-time teaching staff with academic degrees and titles is 50%.
- ☒ Application of innovative teaching methods by teachers during training sessions
- ☒ Availability of sports facilities equipped with sports equipment and inventory
- ☒ The information and library collection in the specialty is complete, all disciplines are provided with educational, educational, methodological and scientific literature
- ☒ Providing non-resident students with a hostel

Educational program 6B01406 Physical culture and sports / Sports and recreation manager gives the student an understanding of business administration and modern management in industries. The specialization of the educational program allows you to prepare personnel for business administration, management in commerce, production, the service sector, etc.

The educational program allows you to develop the student's intellectual abilities, personal success and leadership qualities, organizational skills based on applied economic education.

The educational program provides for the training of a student with special educational needs in a higher educational institution, as well as his socialization and integration into society.

1.2.Completion criteria

The main criterion for the completion of the educational process for the preparation of bachelors is the development by students of at least 205 credits of theoretical training, as well as at least 27 credits of practice, 8 credits of final certification.

Total 240 credits.

1.3.Typical study duration: 4 years

2.PASSPORT OF THE EDUCATIONAL PROGRAM

2.1.EP purpose	Training of a competent professional teacher-professional in the field of Physical Culture and sports, capable of using innovative methods of organization and training in the system of educational and training process, and a competent professional leading specialist who has mastered high professional knowledge of the standard of public relations and sociology, Organization of recreational services for various segments of the population in order to improve health in accordance with modern requirements.
2.2.Map of the training profile within the educational program	
Code and classification of the field of education	6B01 - Pedagogical sciences
Code and classification of the direction of training	6B014 - Teacher training with subject specialisation for general development
Code in the International Standard Classification of Education	0114
Code and classification of the educational program group	B005 - Training of teachers of physical culture
Code and name of the educational program	6B01406 - Physical Culture and Sport/ Manager of Sport and Recreation
2.3.Qualification characteristics of the graduate	
Degree awarded / qualification	Bachelor of Education in the educational program 6B01406 Physical Culture and Sports / Sports and Recreation Manager
Name of the profession / list of positions of a specialist	Учитель физкультуры средних и специальных учебных заведений; Тренер по избранному виду спорта; Инструктор по спорту в производствах; Судья по виду спорта; Руководитель спортивной деятельности в государственных организациях; Спортивный менеджер; Инструктор по лечебной физической культуре; Организатор массовой оздоровительной работы; Сотрудник сферы научного исследования; Сотрудник сферы здравоохранения.
OQF qualification level (industry qualification framework)	6
Area of professional activity	- physical education teacher; research institutions; secondary schools, and secondary vocational schools; state governing bodies; organizations of various forms of ownership using fitness forms and methods in their work; enterprises and institutions of the state profile; officials in educational organizations; methodologist in educational organizations; specialist in the field of pedagogical sciences, in research institutions; - Manager of professional sports, sports management, management of sports facilities and sports and recreation events, organization of sports facilities, public relations, recreation and animation for different groups of the population, sociology
Object of professional activity	- econdary schools and secondary vocational

	education institutions; research institutions; state educational authorities; organizations of various forms of ownership, using physical culture and health-improving forms and methods in their work.
Types of professional activity	<p>Apply modern pedagogical technologies in teaching physical education at school; plan and carry out research work in the field of pedagogical sciences; conduct scientific and pedagogical activities in educational organizations; use of software and computer technology; organizational and managerial; social and pedagogical; educational ;educational and technological.</p> <p>- Improving health and developing modern sports technologies; management and management of sports activities in government institutions; introducing new ways to improve the nation`s health; holding and organizing sports events at all levels; manage sports, yard and tourist clubs; increasing the level of professional sports in the country; striving to fully cover our country with physical education and sports events.</p>
Graduate Model	<p>Graduates of the educational program 6B01406 - Physical Culture and Sport/ Manager of Sport and Recreation can perform the following types of professional activities:</p> <ul style="list-style-type: none"> - educational (pedagogical): work as a physical education teacher in various educational institutions (preschools, schools, gymnasiums, lyceums, colleges, etc.), sports coach; - research: carrying out scientific research on specialized disciplines in various organizations (psychology of sports, pedagogy of sports, sports metrology, anatomy of sports, physiology of sports, etc.); - sports: organization and conduct of mass sports events, competitions, etc.

3. Modules and content of the educational program

Module 1. Fundamentals of social and humanitarian knowledge

Library training

Discipline cycle	General educational disciplines
Discipline component	Compulsory component
SubjectID	34100 (3024443)
Course	1
Term	1
Credits count	3
Lectures	15hours
Practical and seminar classes	15hours
Independent work of a student under the guidance of a teacher	20hours
Independent work of the student	40hours
Total	90hours
Knowledge control form	Examination

Short description of discipline

This discipline studies information and library system. Teaches you how to find the WWW Websites of the Main Library (or affiliated libraries), E-libraries on the ONTE platform, use the systems. Prolib INTEGRO, to recommend the provision of zbiorów services: borrowing books, interlibrary borrowing books, using a common reading room and a reading room for people with disabilities. Use online resources using the EBSCO Discovery Service API tool. Compare other selected knowledge sources available through the ONTE platform.

Purpose of studying of the discipline

Fundamentals and rules of librarianship, working with book collections, translating scientific sources into electronic format, fundamentals of law and protection of intellectual property, as well as acquiring specialized literature in various fields.

Learning Outcomes

ON1 Demonstrate socio-cultural, economic, legal, environmental knowledge, communication skills, apply information technology, taking into account modern trends in the development of society.

Prerequisites

School course

Postrequisites

Basic and profile disciplines of the EP

Foreign language

Discipline cycle	General educational disciplines
Discipline component	Compulsory component
SubjectID	28821 (3014267)
Course	1
Term	1
Credits count	5
Practical and seminar classes	45hours
Independent work of a student under the guidance of a teacher	35hours
Independent work of the student	70hours
Total	150hours
Knowledge control form	Examination

Short description of discipline

The content of the discipline «Foreign language» assumes the formation of students`linguo-cultural, socio-cultural, cognitive and communicative competencies at B2 level. The discipline is aimed at deep and extended study of productive and receptive language material. As a result, the student must be able to understand all types of speech activity in accordance with the requirements of B2 level and master the subject content of the discipline and speech.

Purpose of studying of the discipline

Formation of linguo-culturological, socio-cultural, cognitive and communicative competence of students in the process of foreign language education at the B2 level, pan-European competence. Depending on the level of training, the student at the time of completing the course reaches the level B2 of the pan-European competence, if the language level of the student at the start is higher than the level B1 of the pan-European competence.

Learning Outcomes

ON1 Demonstrate socio-cultural, economic, legal, environmental knowledge, communication skills, apply information technology, taking into account modern trends in the development of society.

Prerequisites

School course

Postrequisites

Foreign language

Kazakh language

Discipline cycle	General educational disciplines
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Discipline component	Compulsory component
SubjectID	28827 (3014277)
Course	1
Term	1
Credits count	5
Practical and seminar classes	45hours
Independent work of a student under the guidance of a teacher	35hours
Independent work of the student	70hours
Total	150hours
Knowledge control form	Examination

Short description of discipline

The discipline is aimed at deepening the acquired knowledge of students in the framework of the school curriculum, as well as the use of language and speech means based on a full understanding of vocabulary and grammatical system of knowledge; the formation of socio-humanitarian worldview of students within the framework of the national idea of spiritual revival; free expression of mobile thought as a means of speech communication and in the process of communication; awareness of the national culture of the people, the ability to distinguish features of national cognition.

Purpose of studying of the discipline

Forms through phraseological units the recognition of national culture, its meaning as a linguistic unit related to spiritual culture; skills of identifying facts of national and cultural significance in the formation of Kazakh phraseology.

Learning Outcomes

ON1 Demonstrate socio-cultural, economic, legal, environmental knowledge, communication skills, apply information technology, taking into account modern trends in the development of society.

Prerequisites

School course

Postrequisites

Kazakh language

The module of socio-political knowledge (sociology, political science, cultural studies, psychology)

Discipline cycle	General educational disciplines
Discipline component	Compulsory component
SubjectID	28826 (3014276)
Course	1
Term	1
Credits count	8
Lectons	30hours
Practical and seminar classes	45hours
Independent work of a student under the guidance of a teacher	55hours
Independent work of the student	110hours
Total	240hours
Knowledge control form	Examination

Short description of discipline

The module of socio-political knowledge involves the study of four scientific disciplines – sociology, political science, cultural studies, psychology, each of which has its own subject, terminology and research methods. Interactions between these scientific disciplines are carried out on the basis of the principles of information complementarity; integrativity; methodological integrity of research approaches of these disciplines; generality of the methodology of learning, result-oriented; unified system representation of the typology of learning outcomes as formed abilities.

Purpose of studying of the discipline

Formation of social and humanitarian worldview of students in the context of solving the problems of modernization of public consciousness, defined by the state program "Looking into the Future: Modernization of Public Consciousness".

Learning Outcomes

ON1 Demonstrate socio-cultural, economic, legal, environmental knowledge, communication skills, apply information technology, taking into account modern trends in the development of society.

Prerequisites

School course

Postrequisites

Philosophy

Practical foundations of distance learning

Discipline cycle	General educational disciplines
Discipline component	Compulsory component
SubjectID	34101 (3024444)
Course	1
Term	1
Credits count	3
Lectons	15hours

Practical and seminar classes	15hours
Independent work of a student under the guidance of a teacher	20hours
Independent work of the student	40hours
Total	90hours
Knowledge control form	Examination

Short description of discipline

The course examines the practical foundations of distance learning. It reveals lifelong learning, the pace of change in the world around, methods of professional self-development, security of information systems. Teaches how to plan, develop and implement activities in the field of science and scientific disciplines specific to the field of physical education, taking into account current standards and existing conditions with others in the framework of team work.

Purpose of studying of the discipline

to fully master and teach how to use modern technologies in the field of education.

Learning Outcomes

ON1 Demonstrate socio-cultural, economic, legal, environmental knowledge, communication skills, apply information technology, taking into account modern trends in the development of society.

Prerequisites

School course

Postrequisites

Basic and profile disciplines of the EP

Russian language

Discipline cycle	General educational disciplines
Discipline component	Compulsory component
SubjectID	28828 (3014279)
Course	1
Term	1
Credits count	5
Practical and seminar classes	45hours
Independent work of a student under the guidance of a teacher	35hours
Independent work of the student	70hours
Total	150hours
Knowledge control form	Examination

Short description of discipline

The discipline is intended for the development of the language personality of the student, who is able to carry out cognitive and communicative activities in Russian in the areas of interpersonal, social, professional, intercultural communication; for teaching students practical mastery of the Russian language in various areas of communication and various situations, mastering the specifics of functional semantic types and genres of functional styles of speech, enriching the vocabulary with special vocabulary, forming and improving the skills of monologue and dialogic speech.

Purpose of studying of the discipline

The purpose of the program is to form the socio-humanitarian worldview of students in the context of the national idea of spiritual modernization, involving the development on the basis of national consciousness and cultural code of the qualities of internationalism, tolerant attitude to world cultures and languages as translators of world-class knowledge, advanced modern technologies, the use and transfer of which can ensure the modernization of the country and personal career growth of future specialists.

Learning Outcomes

ON1 Demonstrate socio-cultural, economic, legal, environmental knowledge, communication skills, apply information technology, taking into account modern trends in the development of society.

Prerequisites

School course

Postrequisites

Russian language

Physical Culture

Discipline cycle	General educational disciplines
Discipline component	Compulsory component
SubjectID	28829 (3014295)
Course	1
Term	1
Credits count	2
Practical and seminar classes	60hours
Total	60hours
Knowledge control form	Differentiated attestation

Short description of discipline

It provides for the joint cooperation of a teacher and a student in the process of physical education throughout the training in the context of the requirements for the level of mastering the discipline, preparing students for participation in mass sports competitions; forms motivational and value attitudes towards physical culture and the need for systematic physical exercises and sports; gives basic knowledge about the use of physical culture and sports in the development of vital physical qualities.

Purpose of studying of the discipline

The purpose of the program is the formation of social and personal competencies of students and the ability to purposefully use the means and methods of physical culture, ensuring the preservation, strengthening of health to prepare for professional activities; to the persistent transfer of physical exertion, neuropsychic stress and adverse factors in future work.

Learning Outcomes

ON1 Demonstrate socio-cultural, economic, legal, environmental knowledge, communication skills, apply information technology, taking into account modern trends in the development of society.

Prerequisites

School course

Postrequisites

Physical Culture

Ethics

Discipline cycle	General educational disciplines
Discipline component	Compulsory component
SubjectID	33714 (3024442)
Course	1
Term	1
Credits count	3
Lectons	15hours
Practical and seminar classes	15hours
Independent work of a student under the guidance of a teacher	20hours
Independent work of the student	40hours
Total	90hours
Knowledge control form	Examination

Short description of discipline

The subject is studied in the field of physical education, legal and organizational-ethical conditions, introduction to general ethics, the concept and object of ethics. Mastering the basics of ethics and religions, freedom and determinism. Examines such aspects as ethics in the face of modern challenges, the essence and functions of professional ethics.

Purpose of studying of the discipline

To regulate a person's behavior and his relationships with other people, it is necessary to help decide what to do in a morally difficult situation.

Learning Outcomes

ON1 Demonstrate socio-cultural, economic, legal, environmental knowledge, communication skills, apply information technology, taking into account modern trends in the development of society.

Prerequisites

School course

Postrequisites

Basic and profile disciplines of the EP

Kazakh language

Discipline cycle	General educational disciplines
Discipline component	Compulsory component
SubjectID	28884 (3014278)
Course	1
Term	2
Credits count	5
Practical and seminar classes	45hours
Independent work of a student under the guidance of a teacher	35hours
Independent work of the student	70hours
Total	150hours
Knowledge control form	Examination

Short description of discipline

The discipline is aimed at expanding language literacy, free communication with the environment and mental and ideological skills of the student, understanding the role of language in the process of mastering world-class knowledge through the formation of a future specialist's worldview based on national consciousness and cultural code, improving the knowledge of the state language by future specialists, increasing the scope of use of the Kazakh language by specialists.

Purpose of studying of the discipline

Ensuring high-quality mastery of the Kazakh language as a means of social, intercultural, professional communication through the formation of communicative competencies at all levels of language use.

Learning Outcomes

ON1 Demonstrate socio-cultural, economic, legal, environmental knowledge, communication skills, apply information technology, taking into account modern trends in the development of society.

Prerequisites

Kazakh language

Postrequisites

Basic and profile disciplines of the EP

Foreign language

Discipline cycle	General educational disciplines
Discipline component	Compulsory component
SubjectID	28882 (3024528)
Course	1
Term	2
Credits count	5
Practical and seminar classes	45hours
Independent work of a student under the guidance of a teacher	35hours
Independent work of the student	70hours
Total	150hours
Knowledge control form	Examination

Short description of discipline

The content of the discipline «Foreign language» assumes the formation of students'linguo- cultural, socio- cultural, cognitive and communicative competencies at B2 level. The discipline is aimed at deep and extended study of productive and receptive language material. As a result, the student must be able to understand all types of speech activity in accordance with the requirements of B2 level and master the subject content of the discipline and speech.

Purpose of studying of the discipline

Formation of linguo- culturological, socio- cultural, cognitive and communicative competence of students in the process of foreign language education at the B2 level, pan-European competence. Depending on the level of training, the student at the time of completing the course reaches the level B2 of the pan-European competence, if the language level of the student at the start is higher than the level B1 of the pan-European competence.

Learning Outcomes

ON1 Demonstrate socio-cultural, economic, legal, environmental knowledge, communication skills, apply information technology, taking into account modern trends in the development of society.

Prerequisites

Foreign language

Postrequisites

Basic and profile disciplines of the EP

Culture of the Polish language

Discipline cycle	General educational disciplines
Discipline component	Compulsory component
SubjectID	34103 (3024455)
Course	1
Term	2
Credits count	4
Lectons	0hours
Practical and seminar classes	45hours
Independent work of a student under the guidance of a teacher	25hours
Independent work of the student	50hours
Total	120hours
Knowledge control form	Examination

Short description of discipline

The discipline forms the ability to use the features of the culture of the Polish language. To build your speech in accordance with the linguistic peculiarities of the Polish people's thinking. To describe the communicative and professional texts of business and educational and scientific genres, allowing to identify the differences between language and speech. Apply correctly constructed monologue texts on various topics in accordance with the requirements of the course. Demonstrates the ability to establish verbal contact between speaking people of different social levels.

Purpose of studying of the discipline

Active participation in popular European educational programs for learning the Polish language.

Learning Outcomes

ON1 Demonstrate socio-cultural, economic, legal, environmental knowledge, communication skills, apply information technology, taking into account modern trends in the development of society.

Prerequisites

School course Foreign language

Postrequisites

Basic and profile disciplines of the EP

Occupational health and safety training

Discipline cycle	General educational disciplines
Discipline component	Compulsory component
SubjectID	33953 (3024446)
Course	1

Term	2
Credits count	3
Lectures	15hours
Practical and seminar classes	15hours
Independent work of a student under the guidance of a teacher	20hours
Independent work of the student	40hours
Total	90hours
Knowledge control form	Examination

Short description of discipline

The discipline studies the application of the occupational safety system in Poland, the definition of the basic concepts of occupational safety, discussion of the principles of fire protection, description of the main elements of environmental protection, explanation of fire safety requirements, classification of duties and powers of sanitary inspection, State environmental inspection and State labor inspection and teaches the requirements of occupational safety and technical safety in the field of sports and physical culture

Purpose of studying of the discipline

The purpose of teaching the discipline "Occupational Safety and Health" is to train specialists on the theoretical and practical foundations of safety, harmlessness and facilitation of working conditions with maximum productivity, on issues of the legislative and regulatory framework in the field of labor protection.

Learning Outcomes

ON1 Demonstrate socio-cultural, economic, legal, environmental knowledge, communication skills, apply information technology, taking into account modern trends in the development of society.

Prerequisites

Bases of economics, law and ecological knowledge

Postrequisites

Basic and profile disciplines of the EP

Fundamentals of law and protection of intellectual property

Discipline cycle	General educational disciplines
Discipline component	Compulsory component
SubjectID	34105 (3024445)
Course	1
Term	2
Credits count	3
Lectures	15hours
Practical and seminar classes	15hours
Independent work of a student under the guidance of a teacher	20hours
Independent work of the student	40hours
Total	90hours
Knowledge control form	Examination

Short description of discipline

The course studies the basics of law and protection of intellectual property. Examines the features of legal sciences, sources of law, interpretation of law, application and preservation of legality, protection of industrial property through the prism of intellectual property protection. Describes the basic concepts and principles of industrial property and copyright protection. Links the need for lifelong learning and the ability to critically evaluate one's own knowledge and skills.

Purpose of studying of the discipline

to familiarize with the temporary exclusive rights provided for by law, as well as the personal non-property rights of authors to the result of intellectual activity.

Learning Outcomes

ON1 Demonstrate socio-cultural, economic, legal, environmental knowledge, communication skills, apply information technology, taking into account modern trends in the development of society.

Prerequisites

Bases of economics, law and ecological knowledge

Postrequisites

Basic and profile disciplines of the EP

Bases of economics, law and ecological knowledge

Discipline cycle	General educational disciplines
Discipline component	University component
SubjectID	33715 (3024526)
Course	1
Term	2
Credits count	5
Lectures	15hours
Practical and seminar classes	30hours
Independent work of a student under the guidance of a teacher	35hours
Independent work of the student	70hours

Total	150hours
Knowledge control form	Examination

Short description of discipline

The integrated discipline includes the main issues and principles in the field of fundamentals of law and anti-corruption culture, economics, entrepreneurship and leadership, ecology and life safety. Features of the use of regulatory legal acts, the ability to use the business, ethical, social, economic, entrepreneurial and environmental standards of society. Specifics of environmental-legal, economic, entrepreneurial relations, leadership qualities and principles of combating corruption.

Purpose of studying of the discipline

It consists in studying the basic patterns of the functioning of living organisms, the biosphere as a whole and the mechanisms of their sustainable development under the conditions of anthropogenic impact and emergency situations; in understanding the concept of corruption, the legitimacy of the fight against it, the content of the state penal policy; in the formation of students' basic fundamental stable knowledge on the basics of economic theory, in instilling the skills and abilities of economic thinking; in introducing students to the theory and practice of entrepreneurship, to the basics of creating their own business; in the formation of theoretical knowledge and practical skills for the development and improvement of leadership qualities.

Learning Outcomes

ON1 Demonstrate socio-cultural, economic, legal, environmental knowledge, communication skills, apply information technology, taking into account modern trends in the development of society.

Prerequisites

School course

Postrequisites

Basic and profile disciplines of the EP

Russian language

Discipline cycle	General educational disciplines
Discipline component	Compulsory component
SubjectID	28885 (3014280)
Course	1
Term	2
Credits count	5
Practical and seminar classes	45hours
Independent work of a student under the guidance of a teacher	35hours
Independent work of the student	70hours
Total	150hours
Knowledge control form	Examination

Short description of discipline

The discipline is intended for the development of the language personality of the student, who is able to carry out cognitive and communicative activities in Russian in the areas of interpersonal, social, professional, intercultural communication; to teach the scientific style of speech as a language of specialty, the creation of secondary texts, the formation of skills for the production of oral and written speech in accordance with the communicative goal and the professional sphere of communication, instilling the skills of speech etiquette, business rhetoric.

Purpose of studying of the discipline

The purpose of the program is to form the socio-humanitarian worldview of students in the context of the national idea of spiritual modernization, involving the development on the basis of national consciousness and cultural code of the qualities of internationalism, tolerant attitude to world cultures and languages as translators of world-class knowledge, advanced modern technologies, the use and transfer of which can ensure the modernization of the country and personal career growth of future specialists.

Learning Outcomes

ON1 Demonstrate socio-cultural, economic, legal, environmental knowledge, communication skills, apply information technology, taking into account modern trends in the development of society.

Prerequisites

Russian language

Postrequisites

Basic and profile disciplines of the EP

Social core competencies

Discipline cycle	General educational disciplines
Discipline component	Compulsory component
SubjectID	34021 (3024447)
Course	1
Term	2
Credits count	3
Lectures	15hours
Practical and seminar classes	15hours
Independent work of a student under the guidance of a teacher	20hours
Independent work of the student	40hours
Total	90hours
Knowledge control form	Examination

Short description of discipline

The course defines the basic concepts and psychosocial mechanisms related to health and health care through physical culture and sports, teaches methods of interaction and work, taking on various roles according to the principles of teamwork, interpersonal communication and self-presentation, intercultural communication, teaches techniques, methods of creating presentations, public speaking and drafting the course of conduct and organization of negotiations.

Purpose of studying of the discipline

by studying social competence, studies cooperation, teamwork, communication skills, independent decision-making, the ability to determine one's role in society, personal qualities and self-development.

Learning Outcomes

ON1 Demonstrate socio-cultural, economic, legal, environmental knowledge, communication skills, apply information technology, taking into account modern trends in the development of society.

Prerequisites

Basic and profile disciplines of the EP

Postrequisites

Basic and profile disciplines of the EP

Specialized foreign language;

Discipline cycle	General educational disciplines
Discipline component	Compulsory component
SubjectID	34020 (3024457)
Course	1
Term	2
Credits count	3
Lectons	0hours
Practical and seminar classes	30hours
Independent work of a student under the guidance of a teacher	20hours
Independent work of the student	40hours
Total	90hours
Knowledge control form	Examination

Short description of discipline

The discipline is designed to develop oral and written speech skills as a result of mastering speech patterns containing new lexical and grammatical phenomena; consolidation of already known speech patterns and their constituent vocabulary units, as well as phonetic and grammatical material. It is designed to develop the communicative competence of students of the specialty in the knowledge of English at a professional level.

Purpose of studying of the discipline

Promoting the development of professional competence of a specialist, which determines his ability to solve professional problems of teaching a foreign language in higher education.

Learning Outcomes

ON1 Demonstrate socio-cultural, economic, legal, environmental knowledge, communication skills, apply information technology, taking into account modern trends in the development of society.

Prerequisites

School course Foreign language

Postrequisites

Basic and profile disciplines of the EP

Physical Culture

Discipline cycle	General educational disciplines
Discipline component	Compulsory component
SubjectID	28897 (3014296)
Course	1
Term	2
Credits count	2
Practical and seminar classes	60hours
Total	60hours
Knowledge control form	Differentiated attestation

Short description of discipline

It provides for the joint cooperation of a teacher and a student in the process of physical education throughout the training in the context of the requirements for the level of mastering the discipline, the ability to exercise control and self-control in the process of classes, gaining knowledge on health promotion, hardening and increasing the body's resistance to the effects of adverse factors of labor activity, mastering methods of selection of physical exercises and sports.

Purpose of studying of the discipline

The purpose of the program is the formation of social and personal competencies of students and the ability to purposefully use the means and methods of physical culture, ensuring the preservation, strengthening of health to prepare for professional activities; to the persistent transfer of physical exertion, neuropsychic stress and adverse factors in future work.

Learning Outcomes

ON1 Demonstrate socio-cultural, economic, legal, environmental knowledge, communication skills, apply information technology, taking into account modern trends in the development of society.

Prerequisites

School course

Postrequisites

Physical Culture

Economics and sports business

Discipline cycle	Basic disciplines
Discipline component	Electives
SubjectID	28915 (3014292)
Course	1
Term	2
Credits count	3
Lectons	15hours
Practical and seminar classes	15hours
Independent work of a student under the guidance of a teacher	20hours
Independent work of the student	40hours
Total	90hours
Knowledge control form	Examination

Short description of discipline

The content of this subject contains information from the history of the emergence of facts of commercialization of physical and sports and entertainment activities, the foundations of the modern economy of physical culture and sports, the formation of budgetary and economic policies, the principles of financing, the sphere of sports and self-financing of sports organizations are presented. The content of entrepreneurial activity is disclosed, physical culture and sports events, business planning, sports marketing issues, Internet economics and other entrepreneurial activities are considered.

Purpose of studying of the discipline

The purpose of this course is the development by students of the economic mechanisms that underlie the development of the economic unit of the branch of physical culture and sports in a market economy.

Learning Outcomes

ON3 To form the foundations of pedagogical knowledge in programs of physical education, health and sports activities in the educational process, using educational and material resources.

ON4 Design pedagogical research in the educational process, collect the necessary experimental information, analyze it, present results using a creative approach in solving problems of educational activity.

Prerequisites

School course

Postrequisites

Basic and profile disciplines of the EP

History of Kazakhstan

Discipline cycle	General educational disciplines
Discipline component	Compulsory component
SubjectID	28925 (3018891)
Course	2
Term	1
Credits count	5
Lectons	30hours
Practical and seminar classes	15hours
Independent work of a student under the guidance of a teacher	35hours
Independent work of the student	70hours
Total	150hours
Knowledge control form	Qualification examination

Short description of discipline

The main stages of the history of Kazakhstan are studied with: nomadic statehood, Turkic civilization, the era of colonialism, the Soviet period, independence. The driving forces, trends, patterns of historical development are analyzed; problems: ethnogenesis of the Kazakh people, the formation of statehood, national liberation movements, demographic development. The skills of analyzing historical events and facts, working with historical literature are being formed.

Purpose of studying of the discipline

The purpose of the discipline is to provide objective knowledge about the main stages of the development of the history of Kazakhstan from ancient times to the present.

Learning Outcomes

ON1 Demonstrate socio-cultural, economic, legal, environmental knowledge, communication skills, apply information technology, taking into account modern trends in the development of society.

Prerequisites

School course

Postrequisites

Philosophy

Physical Culture

Discipline cycle	General educational disciplines
Discipline component	Compulsory component
SubjectID	28924 (3014297)
Course	2
Term	1
Credits count	2
Practical and seminar classes	60hours
Total	60hours
Knowledge control form	Differentiated attestation

Short description of discipline

Provides for the joint cooperation of the teacher and the student in the process of physical education throughout the training in the context of the requirements for the level of mastering the discipline; increasing the level of physical fitness and developing physical qualities; mastering the technique of sports; education of discipline, collectivism, comradely mutual assistance; education of mental stability, development and improvement of basic motor qualities - endurance, strength, speed, dexterity, flexibility.

Purpose of studying of the discipline

The purpose of the program is the formation of social and personal competencies of students and the ability to purposefully use the means and methods of physical culture, ensuring the preservation, strengthening of health to prepare for professional activities; to the persistent transfer of physical exertion, neuropsychic stress and adverse factors in future work.

Learning Outcomes

ON1 Demonstrate socio-cultural, economic, legal, environmental knowledge, communication skills, apply information technology, taking into account modern trends in the development of society.

Prerequisites

School course

Postrequisites

Physical Culture

Information and communication technology

Discipline cycle	General educational disciplines
Discipline component	Compulsory component
SubjectID	29098 (3018905)
Course	2
Term	2
Credits count	5
Lections	15hours
Practical and seminar classes	15hours
Laboratory works	15hours
Independent work of a student under the guidance of a teacher	35hours
Independent work of the student	70hours
Total	150hours
Knowledge control form	Examination

Short description of discipline

The discipline is aimed at mastering the conceptual foundations of the architecture of computer systems, operating systems and networks by students; formation of the ability to critically understand the role and significance of modern information and communication technologies in the era of digital globalization, new "digital" thinking, knowledge about the concepts of developing network and web applications, skills in using modern information and communication technologies in various fields of professional activity, scientific and practical work, for self-educational and other purposes.

Purpose of studying of the discipline

Formation of the ability to critically evaluate and analyze processes, methods of searching, storing and processing information, methods of collecting and transmitting information through digital technologies.

Learning Outcomes

ON1 Demonstrate socio-cultural, economic, legal, environmental knowledge, communication skills, apply information technology, taking into account modern trends in the development of society.

Prerequisites

School course

Postrequisites

Basic and profile disciplines of the EP

Physical Culture

Discipline cycle	General educational disciplines
Discipline component	Compulsory component
SubjectID	29096 (3014298)
Course	2

Term	2
Credits count	2
Practical and seminar classes	60hours
Total	60hours
Knowledge control form	Differentiated attestation

Short description of discipline

Provides for the joint cooperation of the teacher and the student in the process of physical education throughout the training in the context of the requirements for the level of mastering the discipline; acquisition of versatile abilities and skills for the development of physical abilities, socio-cultural experience and socio-cultural values of physical culture and sports; development of communication skills, thinking, self-development, the formation of experience in the implementation of sports and recreational and training programs.

Purpose of studying of the discipline

The purpose of the program is the formation of social and personal competencies of students and the ability to purposefully use the means and methods of physical culture, ensuring the preservation, strengthening of health to prepare for professional activities; to the persistent transfer of physical exertion, neuropsychic stress and adverse factors in future work.

Learning Outcomes

ON1 Demonstrate socio-cultural, economic, legal, environmental knowledge, communication skills, apply information technology, taking into account modern trends in the development of society.

Prerequisites

School course

Postrequisites

Physical Culture

World of Abai

Discipline cycle	Basic disciplines
Discipline component	University component
SubjectID	29100 (3018906)
Course	2
Term	2
Credits count	3
Lectons	15hours
Practical and seminar classes	15hours
Independent work of a student under the guidance of a teacher	20hours
Independent work of the student	40hours
Total	90hours
Knowledge control form	Examination

Short description of discipline

The discipline is aimed at studying historical facts, the philosophical and artistic foundations of the works of Abay Kunanbaev, Shakarim Kudaiberdiev, which form worldview and aesthetic values, the student's ability to express his opinion, practical skills and perception of such human qualities as morality, honesty, artistic character. The genius of the writers of Kazakh literature and the role of M. Auezov in the study and popularization of Abai's heritage, the significance of his works for history, literature and science are determined.

Purpose of studying of the discipline

Formation of the meaning of philosophical and ideological being, understanding of the problems raised in the works of Abai Kunanbayuly, Shakarim Kudaiberdiuly, Mukhtar Auezov and application of the acquired knowledge in the practice of everyday life.

Learning Outcomes

ON1 Demonstrate socio-cultural, economic, legal, environmental knowledge, communication skills, apply information technology, taking into account modern trends in the development of society.

Prerequisites

The module of socio-political knowledge (sociology, political science, cultural studies, psychology) Kazakh language

Postrequisites

Basic and profile disciplines of the EP

Philosophy

Discipline cycle	General educational disciplines
Discipline component	Compulsory component
SubjectID	29206 (3019542)
Course	3
Term	2
Credits count	5
Lectons	15hours
Practical and seminar classes	30hours
Independent work of a student under the guidance of a teacher	35hours
Independent work of the student	70hours
Total	150hours
Knowledge control form	Examination

Short description of discipline

The discipline is aimed at developing students' openness of consciousness, understanding their own national code and self-consciousness, spiritual modernization, competitiveness, realism and pragmatism, independent critical thinking, the cult of knowledge and education, a holistic view of philosophy as a special form of understanding the world, mastering key worldview concepts, as well as the development and strengthening of the values of tolerance, intercultural dialogue and a culture of peace.

Purpose of studying of the discipline

Formation in students of a holistic view of philosophy as a special form of knowledge of the world, its main sections, problems and methods of studying them in the context of future professional activities.

Learning Outcomes

ON1 Demonstrate socio-cultural, economic, legal, environmental knowledge, communication skills, apply information technology, taking into account modern trends in the development of society.

Prerequisites

The module of socio-political knowledge (sociology, political science, cultural studies, psychology)

Postrequisites

Basic and profile disciplines of the EP

Module 2. Psychological-pedagogical and methodological training of personnel

Introduction to the profession of a physical education and sports teacher

Discipline cycle	Basic disciplines
Discipline component	University component
SubjectID	28832 (3014285)
Course	1
Term	1
Credits count	3
Lectures	15hours
Practical and seminar classes	15hours
Independent work of a student under the guidance of a teacher	20hours
Independent work of the student	40hours
Total	90hours
Knowledge control form	Examination

Short description of discipline

The discipline gives knowledge about the basics of general and sports pedagogy, the state system of physical education. It reveals a brief overview of the structure of the work of sports and educational institutions of physical culture, health and sports content. Provides information about the system of functioning of the educational process at the university. The features of the methodology for searching for the processing of the necessary information from various sources and application in the learning process are studied.

Purpose of studying of the discipline

The discipline introduces the system of obtaining education in a higher educational institution, directs the development of organizational requirements of the general educational process, introduces the specifics of the specialty of Physical Culture and sports.

Learning Outcomes

ON2 Apply modern teaching technologies and criteria-based assessment, taking into account the individual, physiological and psychological characteristics of students.

Prerequisites

School course

Postrequisites

Basic and profile disciplines of the EP

Age psychology and physiology

Discipline cycle	Basic disciplines
Discipline component	University component
SubjectID	28877 (3014286)
Course	1
Term	1
Credits count	5
Lectures	15hours
Practical and seminar classes	30hours
Independent work of a student under the guidance of a teacher	35hours
Independent work of the student	70hours
Total	150hours
Knowledge control form	Examination

Short description of discipline

The course allows you to form an idea of human anatomy and physiology, the specifics and features of age-related development, the patterns of higher nervous activity and functional features of the human nervous system are considered. Forms students' systematic understanding of mental and physiological development in ontogenesis, the main patterns of development and neoplasms of age, the most important mental features of the emerging personality of the child on the basis of taking into account psychophysiological norms.

Purpose of studying of the discipline

Formation of students' ideas about the diversity of approaches to the development of correct, scientific knowledge, mental and

physiological development of a person in ontogenesis on the most important issues of psychology and physiological development in the aspect of cultural development. To equip students with theoretical and practical knowledge that contributes to strengthening their professional psychological, pedagogical and physiological training, in-depth study of the section of psychological and physiological knowledge.

Learning Outcomes

ON2 Apply modern teaching technologies and criteria-based assessment, taking into account the individual, physiological and psychological characteristics of students.

Prerequisites

School course

Postrequisites

Pedagogical practice (psychological and pedagogical)

Pedagogy

Discipline cycle	Basic disciplines
Discipline component	University component
SubjectID	28908 (3014288)
Course	1
Term	2
Credits count	5
Lectons	15hours
Practical and seminar classes	30hours
Independent work of a student under the guidance of a teacher	35hours
Independent work of the student	70hours
Total	150hours
Knowledge control form	Examination

Short description of discipline

The content of the discipline is aimed at forming students' holistic understanding of the theoretical and methodological foundations of pedagogical science and the essence of professional pedagogical activity. Studying the course allows you to form the necessary knowledge about the content, principles, forms and methods of organizing a holistic pedagogical process in an educational environment. The study of the course forms the necessary competencies for the successful implementation of modern approaches in teaching and learning.

Purpose of studying of the discipline

Pedagogy as an academic discipline aims to form students' knowledge about the object and subject of pedagogy, its functions, categorical apparatus, methodology of science. The study of the course provides for the formation of the necessary competencies in the design and evaluation of the pedagogical process in the conditions of an educational institution. The content of the discipline topics allows you to acquire knowledge and skills in the selection and successful application of forms, means, methods of teaching and upbringing.

Learning Outcomes

ON2 Apply modern teaching technologies and criteria-based assessment, taking into account the individual, physiological and psychological characteristics of students.

Prerequisites

School course

Postrequisites

Technologies of the updated content of education and criteria assessment

Discipline cycle	Basic disciplines
Discipline component	University component
SubjectID	28917 (3014294)
Course	1
Term	2
Credits count	5
Lectons	15hours
Practical and seminar classes	30hours
Independent work of a student under the guidance of a teacher	35hours
Independent work of the student	70hours
Total	150hours
Knowledge control form	Examination

Short description of discipline

This discipline studies the methodology of using effective approaches to teaching the program of the updated content of education in the system of physical education in education. It covers a wide range of issues of organizational and pedagogical foundations that will allow for an effective and stimulating assessment of students' educational achievements, and also allows you to acquire skills in planning the educational process in updated education.

Purpose of studying of the discipline

1. To equip the future highly educated specialist working in the field of physical culture and sports with special knowledge, concepts, methods of organizing physical education and sports training sessions, methods and techniques.
2. To equip students with in-depth understanding, knowledge, various theories in areas related to physical education and sports, human

education, spiritual consciousness.

3. Acquaintance of the higher education specialist working in the field of physical culture and sports with the special knowledge, terms, concepts, methods of performance and organization of training, business education.

4. To provide students with a broad, in-depth knowledge of the importance of physical culture in our country, its place in society.

Learning Outcomes

ON2 Apply modern teaching technologies and criteria-based assessment, taking into account the individual, physiological and psychological characteristics of students.

Prerequisites

School course

Postrequisites

Basic and profile disciplines of the EP

Educational practice

Discipline cycle	Basic disciplines
Discipline component	University component
SubjectID	28916 (3014293)
Course	1
Term	2
Credits count	2
Study practices	60hours
Total	60hours
Knowledge control form	Total mark on practice

Short description of discipline

The discipline introduces a complex of psychological and diagnostic methods for mastering the basics of organizing the educational process of the university.

Introduces the educational and material base of the university and the system for receiving basic tests, tasks and exercises for the program of school physical education. Creates conditions for obtaining primary work experience in the physical culture team of the university.

Purpose of studying of the discipline

Educational practice is the development of general cultural competencies of students, the acquisition of primary professional competencies by students, the acquisition of the first skills of research activity, business correspondence skills, the acquisition of practical skills and work skills in accordance with the educational program.

Learning Outcomes

ON2 Apply modern teaching technologies and criteria-based assessment, taking into account the individual, physiological and psychological characteristics of students.

Prerequisites

School course

Postrequisites

Pedagogical practice

Inclusive education

Discipline cycle	Basic disciplines
Discipline component	University component
SubjectID	28927 (3018892)
Course	2
Term	1
Credits count	3
Lectures	15hours
Practical and seminar classes	15hours
Independent work of a student under the guidance of a teacher	20hours
Independent work of the student	40hours
Total	90hours
Knowledge control form	Examination

Short description of discipline

When studying the discipline, students acquire knowledge about the principles and methodological foundations of inclusive education. Ideas are being formed about modern models of psychological and pedagogical support for children with special needs, the elimination of existing barriers in the legal support of inclusive education and the competence of organization and management in the area of inclusive practice. Get an idea about the models of psychological and pedagogical support for children with disabilities in educational institutions.

Purpose of studying of the discipline

The purpose of this discipline is to familiarize students with the basic provisions of the organization and management of inclusive processes in education; the formation of a dynamic, effective, self-improving specialist, ready for professional activity in an inclusive education, owning innovative technologies for building an educational route for all students, taking into account their individual needs and capabilities, able to provide social psychological and pedagogical support for children and their families.

Learning Outcomes

ON2 Apply modern teaching technologies and criteria-based assessment, taking into account the individual, physiological and psychological characteristics of students.

Prerequisites

Age psychology and physiology

Postrequisites

Pedagogical practice (psychological and pedagogical)

Fundamentals of human anatomy and physiology

Discipline cycle	Basic disciplines
Discipline component	University component
SubjectID	34044 (3024464)
Course	2
Term	2
Credits count	4
Lectons	15hours
Practical and seminar classes	30hours
Independent work of a student under the guidance of a teacher	25hours
Independent work of the student	50hours
Total	120hours
Knowledge control form	Examination

Short description of discipline

The course of lectures includes a detailed description of the structure and functions of all human organ systems. Studies basic knowledge about the structure of the human body, the main functions of organs and systems, their interrelation and understanding of the principle of the integrity of the body; studying the neurobiological mechanisms of human brain activity. Forms an idea of the physiology of internal organs, nervous and humoral regulation of their activity.

Purpose of studying of the discipline

Give students ideas about the structure and patterns of the formation of the human body from the standpoint of modern functional anatomy and taking into account the age-sexual characteristics of the body as a single whole.

Learning Outcomes

ON2 Apply modern teaching technologies and criteria-based assessment, taking into account the individual, physiological and psychological characteristics of students.

Prerequisites

Age psychology and physiology

Postrequisites

Basic and profile disciplines of the EP

Pedagogical practice

Discipline cycle	Basic disciplines
Discipline component	University component
SubjectID	29102 (3018907)
Course	2
Term	2
Credits count	3
Pedagogical practices	90hours
Total	90hours
Knowledge control form	Total mark on practice

Short description of discipline

The content of the practice acquaints students with the school, with the organization of educational work in grades I-IV and work on physical education. Forms the skill of conducting pedagogical observations of students. It helps to master the knowledge and skills of educational, physical culture and mass sports work. Gives experience in conducting a lesson as a group leader, independently or under the guidance of a teacher, as well as participating in sports events with students in grades I-IV

Purpose of studying of the discipline

Familiarization of students with the activities of a physical education teacher of their future profession within the walls of the school, in practice.

Learning Outcomes

ON2 Apply modern teaching technologies and criteria-based assessment, taking into account the individual, physiological and psychological characteristics of students.

Prerequisites

Educational practice

Postrequisites

Basic and profile disciplines of the EP

Pedagogical practice (psychological and pedagogical)

Discipline cycle	Basic disciplines
Discipline component	University component
SubjectID	29109 (3018908)
Course	2
Term	2

Credits count	2
Pedagogical practices	60hours
Total	60hours
Knowledge control form	Total mark on practice

Short description of discipline

The content of psychological and pedagogical practice is aimed at forming an idea about the peculiarities of the organization of the educational and pedagogical process and the management system in the holistic pedagogical process of the school. The student gets acquainted with all types and directions of the teacher's activities, including the system of work of the class teacher, observation during lessons and extracurricular activities, psychological and pedagogical diagnostics of the age characteristics of the development of students, conducts psychological and pedagogical educational work.

Purpose of studying of the discipline

The purpose of pedagogical practice is the formation of professional pedagogical competencies related to the design and implementation of the educational process of teaching in the education system, providing conditions for the social and professional adaptation of students, mastering the norms and values of the teaching profession, gaining experience in practical pedagogical activity, becoming a professional orientation of their personality

Learning Outcomes

ON2 Apply modern teaching technologies and criteria-based assessment, taking into account the individual, physiological and psychological characteristics of students.

Prerequisites

Educational practice

Postrequisites

Pedagogical practice

Methods of teaching physical education

Discipline cycle	Basic disciplines
Discipline component	University component
SubjectID	29208 (3019545)
Course	3
Term	2
Credits count	5
Lectons	30hours
Practical and seminar classes	15hours
Independent work of a student under the guidance of a teacher	35hours
Independent work of the student	70hours
Total	150hours
Knowledge control form	Examination

Short description of discipline

This course covers the basics of the theory of teaching and methods of organization and implementation of the entire educational process in physical education in educational institutions. Gives an idea of the psychological and pedagogical foundations of physical education lessons and extracurricular activities. He studies directions in the system of physical education - the features of sports training and mass sports work are considered as an interconnected single structure.

Purpose of studying of the discipline

To cover the basics of teaching theory and methodology for organizing and conducting a holistic educational process in the field of Physical Culture and sports in general education institutions.

Learning Outcomes

ON2 Apply modern teaching technologies and criteria-based assessment, taking into account the individual, physiological and psychological characteristics of students.

ON5 Demonstrate the principles and methods of development of pedagogy and psychology of physical culture and sports, economics, modern pedagogical teaching technologies, determine and apply programs and teaching methods aimed at developing the educational process.

Prerequisites

School course

Postrequisites

Basic and profile disciplines of the EP

Methods of organization of extracurricular work on the subject

Discipline cycle	Basic disciplines
Discipline component	University component
SubjectID	29229 (3020152)
Course	4
Term	1
Credits count	6
Lectons	30hours
Practical and seminar classes	30hours
Independent work of a student under the guidance of a teacher	40hours
Independent work of the student	80hours

Total	180hours
Knowledge control form	Examination

Short description of discipline

The discipline allows to systematize the knowledge of future specialists in the organization outside of educational activities in physical culture and sports. In addition, it gives an idea of the main forms, means and methods of organizing mass-sports and physical culture and health-improving work in educational institutions. Forms skills for the development of physical culture, promotion and agitation of a healthy lifestyle, organization of training and educational processes in sports.

Purpose of studying of the discipline

To give students a deep theoretical foundations of physical culture and sports, as well as teach students to practically implement its basic concepts in various educational institutions and sports organizations.

Learning Outcomes

ON2 Apply modern teaching technologies and criteria-based assessment, taking into account the individual, physiological and psychological characteristics of students.

Prerequisites

School course

Postrequisites

Basic and profile disciplines of the EP

Module 3. Theory and practice of research work

Acmeology of physical culture and sports

Discipline cycle	Basic disciplines
Discipline component	Electives
SubjectID	28913 (3014291)
Course	1
Term	2
Credits count	3
Lectons	15hours
Practical and seminar classes	15hours
Independent work of a student under the guidance of a teacher	20hours
Independent work of the student	40hours
Total	90hours
Knowledge control form	Examination

Short description of discipline

The discipline forms the basic concepts, improves the special professional levels of pedagogical skills. The formation of competencies makes it possible to correctly apply the technique, providing an educational orientation of the educational, training and competitive process. The content of the discipline helps the specialist to implement the state policy on the formation of the foundations of a healthy image, agitation and promotion of physical culture and sports.

Purpose of studying of the discipline

The subject is to teach students the skills and knowledge of the basic methods of psychology, methods of teaching the main types of sports included in the general education school curriculum. Acquire the skills of organizing and conducting sports competitions.

Learning Outcomes

ON3 To form the foundations of pedagogical knowledge in programs of physical education, health and sports activities in the educational process, using educational and material resources.

ON4 Design pedagogical research in the educational process, collect the necessary experimental information, analyze it, present results using a creative approach in solving problems of educational activity.

ON5 Demonstrate the principles and methods of development of pedagogy and psychology of physical culture and sports, economics, modern pedagogical teaching technologies, determine and apply programs and teaching methods aimed at developing the educational process.

Prerequisites

School course

Postrequisites

Basic and profile disciplines of the EP

Psychology of physical culture and sports

Discipline cycle	Basic disciplines
Discipline component	Electives
SubjectID	28911 (3014290)
Course	1
Term	2
Credits count	3
Lectons	15hours
Practical and seminar classes	15hours
Independent work of a student under the guidance of a teacher	20hours
Independent work of the student	40hours
Total	90hours

Knowledge control form

Examination

Short description of discipline

The discipline provides information about the psychological foundations of physical culture and sports. Individual and personal characteristics, the development of cognitive, motivational and emotional-volitional spheres of schoolchildren at physical education lessons are studied. The psychology of personality and the specifics of the activities of a teacher and a coach are considered. Knowledge is formed about the psychological characteristics of sports activities, psychological training in sports, about the distinctive aspects of psychological training in cyclic, speed-strength, technical sports and sports games.

Purpose of studying of the discipline

The subject is to teach students the skills and knowledge of the basic methods of psychology, methods of teaching the main types of sports included in the general education school curriculum. Acquire the skills of organizing and conducting sports competitions.

Learning Outcomes

ON3 To form the foundations of pedagogical knowledge in programs of physical education, health and sports activities in the educational process, using educational and material resources.

ON4 Design pedagogical research in the educational process, collect the necessary experimental information, analyze it, present results using a creative approach in solving problems of educational activity.

ON5 Demonstrate the principles and methods of development of pedagogy and psychology of physical culture and sports, economics, modern pedagogical teaching technologies, determine and apply programs and teaching methods aimed at developing the educational process.

Prerequisites

School course

Postrequisites

Basic and profile disciplines of the EP

History of Physical Culture and Sports

Discipline cycle	Basic disciplines
Discipline component	University component
SubjectID	28907 (3014287)
Course	1
Term	2
Credits count	5
Lectons	15hours
Practical and seminar classes	30hours
Independent work of a student under the guidance of a teacher	35hours
Independent work of the student	70hours
Total	150hours
Knowledge control form	Examination

Short description of discipline

The discipline studies the theoretical foundations and historical prerequisites for the emergence and development of physical exercises, the system of physical culture and sports at various stages of history. Explains the historical patterns of the emergence of sports among different peoples. It reveals the history of the development of the Olympic and sports movement, the system of physical education in the Republic of Kazakhstan. It introduces the modern level of development of sports and physical culture and health-improving movement and the system of personnel training in the country.

Purpose of studying of the discipline

To give students a deep theoretical foundations of physical culture and sports, as well as teach students to practically implement its basic concepts in various educational institutions and sports organizations.

Learning Outcomes

ON3 To form the foundations of pedagogical knowledge in programs of physical education, health and sports activities in the educational process, using educational and material resources.

ON5 Demonstrate the principles and methods of development of pedagogy and psychology of physical culture and sports, economics, modern pedagogical teaching technologies, determine and apply programs and teaching methods aimed at developing the educational process.

Prerequisites

School course

Postrequisites

Basic and profile disciplines of the EP

Sociology of physical culture and sports

Discipline cycle	Basic disciplines
Discipline component	Electives
SubjectID	29080 (3018896)
Course	2
Term	1
Credits count	5
Lectons	15hours
Practical and seminar classes	30hours
Independent work of a student under the guidance of a teacher	35hours
Independent work of the student	70hours

Total	150hours
Knowledge control form	Examination

Short description of discipline

The discipline provides the foundations of knowledge about the sociology of physical culture and sports as a special sociological theory. Society, culture, physical culture and sports are revealed as the main sociological categories, as social institutions. The features of motivation for physical exercises and sports in various social groups are studied. Attention is paid to gender relations, deviant behavior and social control in sports activities. Examines sport in a globalized society.

Purpose of studying of the discipline

- 1.formation of professional and pedagogical training of a future physical education teacher and sports coach in the context of modernization of the Kazakhstan education system.
- 2.equipping a future specialist with higher education working in the field of physical education and sports with special knowledge, concepts, methods, methods of organizing physical education and sports training sessions.
- 3.equipping students with a deep understanding, knowledge, and various theories in areas related to physical education and Sports, Rich in human education, spiritual awareness.
- 4.familiarization with the necessary special knowledge, terms, concepts, methods of performing and organizing training, education of skills for a future specialist with higher education working in the field of physical education and sports.
- 5.providing students with broad, deep information about the importance of Physical Culture in our state, its place in society.
6. be on the side of modernization of Kazakhstan`s education system

Learning Outcomes

ON3 To form the foundations of pedagogical knowledge in programs of physical education, health and sports activities in the educational process, using educational and material resources.

ON4 Design pedagogical research in the educational process, collect the necessary experimental information, analyze it, present results using a creative approach in solving problems of educational activity.

ON5 Demonstrate the principles and methods of development of pedagogy and psychology of physical culture and sports, economics, modern pedagogical teaching technologies, determine and apply programs and teaching methods aimed at developing the educational process.

Prerequisites

School course

Postrequisites

Basic and profile disciplines of the EP

Organization of mass recreation activities

Discipline cycle	Basic disciplines
Discipline component	University component
SubjectID	28933 (3018894)
Course	2
Term	1
Credits count	5
Lectons	30hours
Practical and seminar classes	15hours
Independent work of a student under the guidance of a teacher	35hours
Independent work of the student	70hours
Total	150hours
Knowledge control form	Examination

Short description of discipline

The discipline "Organization of health-improving work" is aimed at acquiring pedagogical and sociological research, theoretical knowledge, professional skills and abilities in organizing health-improving, physical culture and mass-sports work in educational and sports institutions of various levels, cultivating promotion of a healthy lifestyle among the population of different ages with the provision of wide opportunities for the implementation of its physical and cultural areas.

Purpose of studying of the discipline

1. To equip the future highly educated specialist working in the field of physical culture and sports with special knowledge, concepts, methods of organizing physical education and sports training sessions, methods and techniques.
2. To equip students with a deep understanding, knowledge, various theories in the field of physical education and sports, human education, spiritual consciousness.
3. Acquaintance of the higher education specialist working in the field of physical culture and sports with the special knowledge, terms, concepts, methods of performance and organization of training, business education.
4. To provide students with a broad, in-depth knowledge of the importance of physical culture in our country, its place in society.

Learning Outcomes

ON3 To form the foundations of pedagogical knowledge in programs of physical education, health and sports activities in the educational process, using educational and material resources.

ON4 Design pedagogical research in the educational process, collect the necessary experimental information, analyze it, present results using a creative approach in solving problems of educational activity.

Prerequisites

School course

Postrequisites

Basic and profile disciplines of the EP

Basics of research work and sport metrology

Discipline cycle	Basic disciplines
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Discipline component	Electives
SubjectID	29086 (3018898)
Course	2
Term	1
Credits count	5
Lectons	30hours
Practical and seminar classes	15hours
Independent work of a student under the guidance of a teacher	35hours
Independent work of the student	70hours
Total	150hours
Knowledge control form	Examination

Short description of discipline

The discipline introduces the basics of the scientific organization of a student's educational activities at all stages of study at a university. Reveals the content of metrology, standardization and control in physical culture and sports. Explores the methodology for organizing scientific research at the level of completing graduate work. Provides practice of component support for the physical condition of an athlete, the basics of methods for processing and analyzing control results, and planning the educational and training process.

Purpose of studying of the discipline

Familiarization of students with the basics of metrology, standardization and control in sports, with metrological characteristics and certification of measuring instruments used in the field of physical culture and sports, with metrological support of registration methods, processing and analysis of physical condition indicators, technical and tactical skill and training loads.

Learning Outcomes

ON4 Design pedagogical research in the educational process, collect the necessary experimental information, analyze it, present results using a creative approach in solving problems of educational activity.

Prerequisites

School course

Postrequisites

Basic and profile disciplines of the EP

Fundamentals of non-traditional sports and forms of physical education

Discipline cycle	Basic disciplines
Discipline component	Electives
SubjectID	29083 (3018897)
Course	2
Term	1
Credits count	5
Lectons	30hours
Practical and seminar classes	15hours
Independent work of a student under the guidance of a teacher	35hours
Independent work of the student	70hours
Total	150hours
Knowledge control form	Examination

Short description of discipline

This discipline provides the basis of knowledge about the emergence and development of non-traditional sports and forms of physical education. It reveals the general patterns of development of mass character and wide popularization of non-traditional sports at the regional and world levels. The basics of organizing, conducting and providing the training and competitive process are considered. Studying the features of the organization of non-traditional forms of physical education with different groups of the population.

Purpose of studying of the discipline

- 1. Formation of professional and pedagogical training of future physical education teachers and coaches in sports in the context of modernization of Kazakhstan's education system.*
- 2. To equip the future highly educated specialist working in the field of physical culture and sports with special knowledge, concepts, methods, techniques, techniques of organization of physical education and sports training.*
- 3. To equip students with a deep understanding, knowledge, various theories in areas related to physical education and sports, human education, spiritual consciousness.*
- 4. Acquaintance of the higher education specialist working in the field of physical culture and sports with the special knowledge, terms, concepts, methods of performance and organization of training, business education.*
- 5. To provide students with a broad, in-depth knowledge of the importance of physical culture in our country, its place in society.*
- 6. Formation of professional and pedagogical training of future physical education teachers and sports coaches in the context of modernization of Kazakhstan's education system.*

Learning Outcomes

ON3 To form the foundations of pedagogical knowledge in programs of physical education, health and sports activities in the educational process, using educational and material resources.

ON4 Design pedagogical research in the educational process, collect the necessary experimental information, analyze it, present results using a creative approach in solving problems of educational activity.

ON5 Demonstrate the principles and methods of development of pedagogy and psychology of physical culture and sports, economics, modern pedagogical teaching technologies, determine and apply programs and teaching methods aimed at developing the educational process.

Prerequisites

School course

Postrequisites

Basic and profile disciplines of the EP

Fundamentals of Sports Kinesiology

Discipline cycle	Basic disciplines
Discipline component	Electives
SubjectID	29088 (3018900)
Course	2
Term	1
Credits count	5
Lectons	30hours
Practical and seminar classes	15hours
Independent work of a student under the guidance of a teacher	35hours
Independent work of the student	70hours
Total	150hours
Knowledge control form	Examination

Short description of discipline

The discipline studies the fundamentals of the theory and practice of functional studies of the health of representatives of professional sports. Considers general information about imbalances in any body system, functional disorders, structural organic disorders and diseases. Contains information about special and standardized diagnostic methods in assessing the condition of an athlete. Introduces the features of establishing and predicting functional syndromes and analyzing physiological functions. Reveals some aspects of the control of the athlete's recovery process.

Purpose of studying of the discipline

The basic laws of the biochemical organization of living organisms, as well as the mechanisms of the course of biochemical reactions.

Learning Outcomes

ON3 To form the foundations of pedagogical knowledge in programs of physical education, health and sports activities in the educational process, using educational and material resources.

ON4 Design pedagogical research in the educational process, collect the necessary experimental information, analyze it, present results using a creative approach in solving problems of educational activity.

Prerequisites

School course

Postrequisites

Basic and profile disciplines of the EP

Pedagogy of Physical Education and Sport

Discipline cycle	Basic disciplines
Discipline component	Electives
SubjectID	29079 (3018895)
Course	2
Term	1
Credits count	5
Lectons	30hours
Practical and seminar classes	15hours
Independent work of a student under the guidance of a teacher	35hours
Independent work of the student	70hours
Total	150hours
Knowledge control form	Examination

Short description of discipline

This course introduces the basics of pedagogy in the context of science and practice, with the theory of teaching activity as a didactic basis of education. Gives general information about the methods and means of professional and pedagogical activity of a sports teacher. It reveals the ways of forming pedagogical skills, features of the development of pedagogical technologies and innovations in the field of physical culture and sports. Forms the foundations of knowledge of pedagogical creativity and skills of productive activity in the professional field.

Purpose of studying of the discipline

1. Formation of professional and pedagogical training of future physical education teachers and coaches in sports in the context of modernization of Kazakhstan's education system.

2. To equip the future highly educated specialist working in the field of physical culture and sports with special knowledge, concepts, methods, techniques, techniques of organization of physical education and sports training.

3. To equip students with a deep understanding, knowledge, various theories in areas related to physical education and sports, human education, spiritual consciousness.

4. Acquaintance of the higher education specialist working in the field of physical culture and sports with the special knowledge, terms, concepts, methods of performance and organization of training, business education.

5. To provide students with a broad, in-depth knowledge of the importance of physical culture in our country, its place in society.

6. Formation of professional and pedagogical training of future physical education teachers and sports coaches in the context of modernization of Kazakhstan's education system.

Learning Outcomes

ON4 Design pedagogical research in the educational process, collect the necessary experimental information, analyze it, present results using a creative approach in solving problems of educational activity.

ON5 Demonstrate the principles and methods of development of pedagogy and psychology of physical culture and sports, economics, modern pedagogical teaching technologies, determine and apply programs and teaching methods aimed at developing the educational process.

Prerequisites

School course

Postrequisites

Basic and profile disciplines of the EP

Educational and material and regulatory base of physical culture in educational institutions

Discipline cycle	Basic disciplines
Discipline component	University component
SubjectID	28928 (3018893)
Course	2
Term	1
Credits count	5
Lectons	30hours
Practical and seminar classes	15hours
Independent work of a student under the guidance of a teacher	35hours
Independent work of the student	70hours
Total	150hours
Knowledge control form	Examination

Short description of discipline

The study of this subject is part of the professional training of the future teacher of physical culture. The content provides for the legal framework for organizing the process of physical education in educational institutions. The history of the emergence of sports facilities and the modern development of their sports and physical culture infrastructure are being studied. The issues of design, operation and maintenance of school sports facilities are considered.

Purpose of studying of the discipline

The purpose of teaching physical education and regulatory framework in educational institutions - the purpose of teaching the course is closely linked with other disciplines.

Learning Outcomes

ON3 To form the foundations of pedagogical knowledge in programs of physical education, health and sports activities in the educational process, using educational and material resources.

Prerequisites

School course

Postrequisites

Basic and profile disciplines of the EP

Fundamentals of health-saving technologies

Discipline cycle	Basic disciplines
Discipline component	University component
SubjectID	29209 (3019816)
Course	3
Term	2
Credits count	5
Lectons	30hours
Practical and seminar classes	15hours
Independent work of a student under the guidance of a teacher	35hours
Independent work of the student	70hours
Total	150hours
Knowledge control form	Examination

Short description of discipline

The discipline demonstrates a set of foundations, methods and methods of pedagogical activity that complement the classical technologies of updated training and education in the problems of maintaining health and professional longevity. Analyzes medical-hygienic, health-improving, physical culture, environmental-health-saving, health-saving-educational technological processes, as well as technological processes for ensuring the security of life, as a multi-level concept of accumulating the well-being of students and teachers. Represents the means of regulatory and technical support for the system of saving the health of the population of the country.

Purpose of studying of the discipline

To give students a deep theoretical foundations of physical culture and sports, as well as teach students to practically implement its basic concepts in various educational institutions and sports organizations.

Learning Outcomes

ON3 To form the foundations of pedagogical knowledge in programs of physical education, health and sports activities in the educational process, using educational and material resources.

ON5 Demonstrate the principles and methods of development of pedagogy and psychology of physical culture and sports, economics,

modern pedagogical teaching technologies, determine and apply programs and teaching methods aimed at developing the educational process.

Prerequisites

School course

Postrequisites

Basic and profile disciplines of the EP

Shooting with the methods of teaching

Discipline cycle	Basic disciplines
Discipline component	Electives
SubjectID	29228 (3020151)
Course	4
Term	1
Credits count	6
Lectons	30hours
Practical and seminar classes	30hours
Independent work of a student under the guidance of a teacher	40hours
Independent work of the student	80hours
Total	180hours
Knowledge control form	Examination

Short description of discipline

The discipline studies the history of the creation of small arms and pneumatic weapons. Reveals the basics and rules of shooting from pneumatic and small-caliber weapons, the material part of the weapon and care, and safety measures. Considers the technique of shooting from different positions. The technique of special exercises for preparation, aiming, holding the breath and pressing the trigger, competition rules, requirements for organizing and conducting competitions at various levels are given.

Purpose of studying of the discipline

equipping specialists with modern knowledge about world trends in the development of bullet shooting, introducing additions and changes to the rules of competitions, marking weapons and accessories, as well as innovative technologies for organizing training sessions with athletes of different ages and qualifications.

Learning Outcomes

ON3 To form the foundations of pedagogical knowledge in programs of physical education, health and sports activities in the educational process, using educational and material resources.

ON6 Analyze and solve pedagogical tasks in the professional sphere, apply modern educational technologies, various methods and approaches in the educational process.

ON7 Generalize the acquired pedagogical knowledge in the field of physical education, develop optimal forms and methods of the educational process, offer application options.

Prerequisites

School course

Postrequisites

Basic and profile disciplines of the EP

Theory and methods of teaching basic sports

Discipline cycle	Basic disciplines
Discipline component	Electives
SubjectID	29227 (3020149)
Course	4
Term	1
Credits count	6
Lectons	30hours
Practical and seminar classes	30hours
Independent work of a student under the guidance of a teacher	40hours
Independent work of the student	80hours
Total	180hours
Knowledge control form	Examination

Short description of discipline

The discipline provides general information about the history and development of basic sports, and the stages of formation of the refereeing system, classification and terminology of sports. He studies the legal, educational and methodological foundations of the educational and training process. Teaches methods of organizing and conducting competitions in basic sports. Introduces the use of physical culture and health technologies at school, using the means of gymnastics, athletics, sports games, swimming, skiing.

Purpose of studying of the discipline

The subject of the theory and methods of teaching basic sports - the purpose of teaching the course is closely linked with other disciplines, providing students, future physical education and sports professionals with knowledge, informing them about the main aspects of children's and youth sports.

The role of youth sports, the main base for training sports fans in the country, is developing every year. World-class sporting achievements require a constant search for work with young athletes, the consideration of new scientific advances, methods and favorable ways to achieve high results.

Learning Outcomes

ON3 To form the foundations of pedagogical knowledge in programs of physical education, health and sports activities in the educational process, using educational and material resources.

ON4 Design pedagogical research in the educational process, collect the necessary experimental information, analyze it, present results using a creative approach in solving problems of educational activity.

Prerequisites

School course

Postrequisites

Basic and profile disciplines of the EP

Martial arts with teaching methods

Discipline cycle	Profiling discipline
Discipline component	Electives
SubjectID	29233 (3020150)
Course	4
Term	1
Credits count	6
Lectons	30hours
Practical and seminar classes	30hours
Independent work of a student under the guidance of a teacher	40hours
Independent work of the student	80hours
Total	180hours
Knowledge control form	Examination

Short description of discipline

The discipline course includes information about the history of martial arts, intellectual and spiritual development, health promotion and personal self-defense. Depending on the style and types of wrestling, the specifics of training, preparation and various sets of special exercises are considered. The basics of the methodology for the stages of the training process are revealed. The features of the teaching methodology are given, taking into account the personality, age and physical capabilities of students, the rules of competitions and classifications.

Purpose of studying of the discipline

The main goal of teaching martial arts is to prepare the student for sports achievements

Learning Outcomes

ON3 To form the foundations of pedagogical knowledge in programs of physical education, health and sports activities in the educational process, using educational and material resources.

ON6 Analyze and solve pedagogical tasks in the professional sphere, apply modern educational technologies, various methods and approaches in the educational process.

ON7 Generalize the acquired pedagogical knowledge in the field of physical education, develop optimal forms and methods of the educational process, offer application options.

Prerequisites

School course

Postrequisites

Basic and profile disciplines of the EP

Pregraduation practice

Discipline cycle	Profiling discipline
Discipline component	University component
SubjectID	34040 (3024569)
Course	4
Term	2
Credits count	15
Undergraduate practice	450hours
Total	450hours
Knowledge control form	Total mark on practice

Short description of discipline

The practice process contains the collection, processing and generalization of practical material on the topic of the thesis (project). The analysis of statistical data and practical material on the topic of the thesis research is consistently carried out. Systematization and formulation of conclusions, patterns, recommendations and proposals on the topic of the thesis makes it possible to pre-defend. The final stage of readiness will be the design of the thesis in accordance with the established requirements and preparation for the defense.

Purpose of studying of the discipline

Prediploma practice is the completion of writing a thesis (project).

Learning Outcomes

ON4 Design pedagogical research in the educational process, collect the necessary experimental information, analyze it, present results using a creative approach in solving problems of educational activity.

ON5 Demonstrate the principles and methods of development of pedagogy and psychology of physical culture and sports, economics, modern pedagogical teaching technologies, determine and apply programs and teaching methods aimed at developing the educational process.

Prerequisites

Basic and profile disciplines of the EP

Postrequisites

Final examination

Manufacturing (pedagogical) practice

Discipline cycle	Profiling discipline
Discipline component	University component
SubjectID	34039 (3024568)
Course	4
Term	2
Credits count	15
Working practice	450hours
Total	450hours
Knowledge control form	Total mark on practice

Short description of discipline

In the process of practice, organizational work is carried out to establish the necessary contacts and exchange information. The system of educational work of a sports school and the activities of a coach are being studied. Educational and training and educational work forms the skills of a teacher-trainer in a sport. Collection, generalization and systematization of observational and experimental data according to the plan of research work. Educational-methodical, promotional, economic work and other activities in the sports school help the formation of professional competencies.

Purpose of studying of the discipline

The main goal is to promote the education of professional qualities and mental properties of the individual in accordance with modern requirements for the profession of a sports coach. The achievement of this goal is ensured by the consistent solution of a set of tasks that reflect all the components of professional and pedagogical activity of a sports coach included in the content of the program for industrial practice.

Learning Outcomes

ON4 Design pedagogical research in the educational process, collect the necessary experimental information, analyze it, present results using a creative approach in solving problems of educational activity.

ON5 Demonstrate the principles and methods of development of pedagogy and psychology of physical culture and sports, economics, modern pedagogical teaching technologies, determine and apply programs and teaching methods aimed at developing the educational process.

Prerequisites

Basic and profile disciplines of the EP

Postrequisites

Final examination

Module 4. Theory and methodology of sports

Marketing of physical culture and sports

Discipline cycle	Basic disciplines
Discipline component	Electives
SubjectID	29121 (3019265)
Course	3
Term	1
Credits count	5
Lectons	30hours
Practical and seminar classes	15hours
Independent work of a student under the guidance of a teacher	35hours
Independent work of the student	70hours
Total	150hours
Knowledge control form	Examination

Short description of discipline

The subject includes methodological basics of marketing, market concepts and market relations in the field of physical culture and sports; studies consumer and product marketing, market research methods, marketing activities of the International Olympic Committee; discloses the main principles and methods of marketing in the field of sports, physical culture and tourism services; covers business fundamentals in sports and sports licensing; prospects for the development of sports marketing.

Purpose of studying of the discipline

the formation of students` scientific and methodological base, necessary for students to master the scientific foundations of the theory of social management of physical culture and sports organizations

Learning Outcomes

ON4 Design pedagogical research in the educational process, collect the necessary experimental information, analyze it, present results using a creative approach in solving problems of educational activity.

ON5 Demonstrate the principles and methods of development of pedagogy and psychology of physical culture and sports, economics, modern pedagogical teaching technologies, determine and apply programs and teaching methods aimed at developing the educational process.

Prerequisites

Introduction to the profession of a physical education and sports teacher

Postrequisites

Basic and profile disciplines of the EP

Fundamentals of managing the process of sports training

Discipline cycle	Basic disciplines
Discipline component	Electives
SubjectID	29124 (3019357)
Course	3
Term	1
Credits count	5
Lectons	30hours
Practical and seminar classes	15hours
Independent work of a student under the guidance of a teacher	35hours
Independent work of the student	70hours
Total	150hours
Knowledge control form	Examination

Short description of discipline

The discipline forms the basis for managing the process of sports training in the chosen sport. Improves the system of training athletes of higher sportsmanship, the correct application of the specific principles of all types of training of athletes (physical, technical, tactical, psychological and intellectual) sports training. Reveals topical issues of sports development, sports selection and sports orientation. Gives information about the system of organizational management structures in various areas of sports activities, the management system for youth sports, elite sports and professional sports.

Purpose of studying of the discipline

The discipline forms the basis for managing the process of sports training. Improves the correct application of specific principles of training athletes. Reveals topical issues of Sports Development, Sports selection and sports orientation.

Learning Outcomes

ON5 Demonstrate the principles and methods of development of pedagogy and psychology of physical culture and sports, economics, modern pedagogical teaching technologies, determine and apply programs and teaching methods aimed at developing the educational process.

Prerequisites

Introduction to the profession of a physical education and sports teacher

Postrequisites

Types of struggle with the teaching methodology

Discipline cycle	Basic disciplines
Discipline component	Electives
SubjectID	29211 (3020042)
Course	3
Term	2
Credits count	5
Lectons	30hours
Practical and seminar classes	15hours
Independent work of a student under the guidance of a teacher	35hours
Independent work of the student	70hours
Total	150hours
Knowledge control form	Examination

Short description of discipline

The discipline contains theoretical information about the history of the development of types of wrestling. Considers some features of the formation of special motor skills and physical qualities of students. They give the basics of initial training in techniques, counter techniques and methods of fighting in the stance and stalls. They study the basic methods of general physical, special, technical and psychological training of students, organization and conduct of wrestling competitions, taking into account individual abilities.

Purpose of studying of the discipline

To give students a deep theoretical foundations of physical culture and sports, as well as teach students to practically implement its basic concepts in various educational institutions and sports organizations.

Learning Outcomes

ON5 Demonstrate the principles and methods of development of pedagogy and psychology of physical culture and sports, economics, modern pedagogical teaching technologies, determine and apply programs and teaching methods aimed at developing the educational process.

ON6 Analyze and solve pedagogical tasks in the professional sphere, apply modern educational technologies, various methods and approaches in the educational process.

ON7 Generalize the acquired pedagogical knowledge in the field of physical education, develop optimal forms and methods of the educational process, offer application options.

Prerequisites

School course

Postrequisites

Basic and profile disciplines of the EP

Pedagogical practice

Discipline cycle	Basic disciplines
Discipline component	University component
SubjectID	29207 (3019544)
Course	3
Term	2
Credits count	5
Pedagogical practices	150hours
Total	150hours
Knowledge control form	Total mark on practice

Short description of discipline

The content of psychological and pedagogical practice is aimed at forming an idea of the characteristics of the organization educational and pedagogical process and management system in the integral pedagogical process of the school. student gets acquainted with all types and areas of activity of the teacher, including the system of work of the class teacher, observation during lessons and extracurricular activities, psychological and pedagogical diagnostics of age-related features of development students. Conducts psychological and pedagogical educational work.

Purpose of studying of the discipline

promoting the development of professional qualities and mental characteristics of the personality of a future physical education specialist in accordance with modern requirements for teaching staff, developing students' interest in the profession of a physical education teacher. Achieving this goal is ensured by consistently solving a set of tasks that reflect all components of the professional and pedagogical activity of a physical education teacher and are included in the content of the program for teaching practice.

Learning Outcomes

ON2 Apply modern teaching technologies and criteria-based assessment, taking into account the individual, physiological and psychological characteristics of students.

ON4 Design pedagogical research in the educational process, collect the necessary experimental information, analyze it, present results using a creative approach in solving problems of educational activity.

Prerequisites

Pedagogical practice

Postrequisites

Basic and profile disciplines of the EP

Theory and methodology of Paralympic winter sports

Discipline cycle	Basic disciplines
Discipline component	Electives
SubjectID	29213 (3020043)
Course	3
Term	2
Credits count	5
Lectures	30hours
Practical and seminar classes	15hours
Independent work of a student under the guidance of a teacher	35hours
Independent work of the student	70hours
Total	150hours
Knowledge control form	Examination

Short description of discipline

This course studies the history of the formation and development of the world and Kazakhstani Paralympic movement. It reveals the fundamentals of the theory and methodology of formation and improvement of special motor skills and physical qualities in winter Paralympic sports. Gives the basics of knowledge about the psychological and pedagogical features of the physical, psychological, special and technical training of athletes in the process of education and training. Reveals the basic requirements and material and technical parameters of the organization and holding of competitions.

Purpose of studying of the discipline

To give students a deep theoretical foundations of physical culture and sports, as well as teach students to practically implement its basic concepts in various educational institutions and sports organizations.

Learning Outcomes

ON5 Demonstrate the principles and methods of development of pedagogy and psychology of physical culture and sports, economics, modern pedagogical teaching technologies, determine and apply programs and teaching methods aimed at developing the educational process.

Prerequisites

School course

Postrequisites

Basic and profile disciplines of the EP

Theory and methodology of sports training

Discipline cycle	Basic disciplines
Discipline component	Electives
SubjectID	29210 (3020041)

Course	3
Term	2
Credits count	5
Lectons	30hours
Practical and seminar classes	15hours
Independent work of a student under the guidance of a teacher	35hours
Independent work of the student	70hours
Total	150hours
Knowledge control form	Examination

Short description of discipline

The discipline is aimed at teaching the basics of the formation and development of physical qualities in the process of training athletes. Studying the basic elements of techniques and tactics of motional actions. Considers topical issues of sports development, sports selection and orientation. Provides information about the system of organizational structures of sports management, about the types of sports training in the competitive activity of an athlete. Reveals methods of planning the training process in the chosen sport.

Purpose of studying of the discipline

Ability to fully organize the process of sports training in accordance with the requirements, fully master the methodology for the formation of athletes as individuals, plan and organize the training process in the chosen sport. Organization of the process of selective and competitive activities with orientation to sports.

Learning Outcomes

ON5 Demonstrate the principles and methods of development of pedagogy and psychology of physical culture and sports, economics, modern pedagogical teaching technologies, determine and apply programs and teaching methods aimed at developing the educational process.

Prerequisites

School course

Postrequisites

Basic and profile disciplines of the EP

Professional practice

Discipline cycle	Profiling discipline
Discipline component	University component
SubjectID	34107 (3024469)
Course	3
Term	2
Credits count	10
Working practice	300hours
Total	300hours
Knowledge control form	Total mark on practice

Short description of discipline

Professional practice forms the professional competencies of the future specialist, develops professional skills in the process of performing certain types of work related to the activity. Consolidate the theoretical knowledge gained in general and special subjects in practice, expand the range of methodological activities, improve qualifications under the guidance of experienced specialists. As a coach, he teaches training methods for individual and team sports, planning the overall course of work for competitions.

Purpose of studying of the discipline

Prediploma practice is the completion of writing a thesis (project).

Learning Outcomes

Prerequisites

Basic and profile disciplines of the EP

Postrequisites

Basic and profile disciplines of the EP

Bases of the organization of sports sections in educational institutions

Discipline cycle	Basic disciplines
Discipline component	Electives
SubjectID	29239 (3020141)
Course	4
Term	1
Credits count	7
Lectons	30hours
Practical and seminar classes	45hours
Independent work of a student under the guidance of a teacher	45hours
Independent work of the student	90hours
Total	210hours
Knowledge control form	Examination

Short description of discipline

The content of this discipline involves studying the basics of organizing extracurricular activities in physical culture and conducting

sectional work on sports in educational institutions. It reveals the main goals and methods of conducting classes in sports sections, taking into account the age, individual, psychological, and physical characteristics of students. Methods and means of sports orientation and selection are given.

Purpose of studying of the discipline

Introducing students to regular physical exercises of a sports orientation, conducting competitive activities, as well as promoting and popularizing physical culture and sports.

Learning Outcomes

ON5 Demonstrate the principles and methods of development of pedagogy and psychology of physical culture and sports, economics, modern pedagogical teaching technologies, determine and apply programs and teaching methods aimed at developing the educational process.

Prerequisites

School course

Postrequisites

Basic and profile disciplines of the EP

Hygiene of physical culture and sports

Discipline cycle	Basic disciplines
Discipline component	Electives
SubjectID	29226 (3020143)
Course	4
Term	1
Credits count	6
Lectons	30hours
Practical and seminar classes	30hours
Independent work of a student under the guidance of a teacher	40hours
Independent work of the student	80hours
Total	180hours
Knowledge control form	Examination

Short description of discipline

The discipline studies the basics of hygiene of physical education, the features of personal hygiene of the body, engaged in physical exercises. Forms knowledge about various methods, hygiene standards and requirements for hardening the body. It reveals the features of the basic hygienic requirements for sports facilities and places for physical exercises. Considers auxiliary hygienic means of restoring and improving the working capacity of those involved in physical exercises. Gives information about hygienic provision in various sports.

Purpose of studying of the discipline

Learning Outcomes

ON5 Demonstrate the principles and methods of development of pedagogy and psychology of physical culture and sports, economics, modern pedagogical teaching technologies, determine and apply programs and teaching methods aimed at developing the educational process.

Prerequisites

School course

Postrequisites

Basic and profile disciplines of the EP

Theory methods of youth sports

Discipline cycle	Basic disciplines
Discipline component	Electives
SubjectID	29223 (3020051)
Course	4
Term	1
Credits count	7
Lectons	30hours
Practical and seminar classes	45hours
Independent work of a student under the guidance of a teacher	45hours
Independent work of the student	90hours
Total	210hours
Knowledge control form	Examination

Short description of discipline

This course covers the basics of the theory of teaching and methods of organization and implementation of the entire educational process in physical education in educational institutions. Gives an idea of the psychological and pedagogical foundations of physical education lessons and extracurricular activities. He studies directions in the system of physical education - the features of sports training and mass sports work are considered as an interconnected single structure.

Purpose of studying of the discipline

The purpose of teaching the course Theory and Methods of Theory and Methods of Professional Sports for Children and Adolescents is to provide students, physical education and sports professionals with knowledge and basics of youth sports, closely linked with other disciplines.

The role of youth sports, the main base for training sports fans in the country, is developing every year. World-class sporting

achievements require a constant search for work with young athletes, the consideration of new scientific advances, methods and favorable ways to achieve high results.

Learning Outcomes

ON5 Demonstrate the principles and methods of development of pedagogy and psychology of physical culture and sports, economics, modern pedagogical teaching technologies, determine and apply programs and teaching methods aimed at developing the educational process.

Prerequisites

School course

Postrequisites

Basic and profile disciplines of the EP

Physiological bases of physical education and sports

Discipline cycle	Basic disciplines
Discipline component	Electives
SubjectID	29225 (3020142)
Course	4
Term	1
Credits count	6
Lectons	30hours
Practical and seminar classes	30hours
Independent work of a student under the guidance of a teacher	40hours
Independent work of the student	80hours
Total	180hours
Knowledge control form	Examination

Short description of discipline

The course is based on the study of the physiology of the human body when performing motor actions during physical exercises. Information about the influence of motor actions on the functioning of the physiological processes of the body. Mastering the knowledge of medical and biological control over the state of human health in the process of active scientific work on the problems of physical exercises.

Purpose of studying of the discipline

"Physiological foundations of physical education and sports" is the formation of knowledge about the structural changes occurring in the body during physical exercises, the scientifically based conduct of the training process taking into account the morphological features of the athlete's body structure, as well as mastering the practical skills of anthropometric examination of athletes.

Learning Outcomes

ON4 Design pedagogical research in the educational process, collect the necessary experimental information, analyze it, present results using a creative approach in solving problems of educational activity.

ON5 Demonstrate the principles and methods of development of pedagogy and psychology of physical culture and sports, economics, modern pedagogical teaching technologies, determine and apply programs and teaching methods aimed at developing the educational process.

Prerequisites

School course

Postrequisites

Basic and profile disciplines of the EP

Module 5. Practical activities

Dartz teaching methods

Discipline cycle	Profiling discipline
Discipline component	Electives
SubjectID	28920 (3014275)
Course	1
Term	2
Credits count	5
Lectons	15hours
Practical and seminar classes	30hours
Independent work of a student under the guidance of a teacher	35hours
Independent work of the student	70hours
Total	150hours
Knowledge control form	Examination

Short description of discipline

This course provides information about the historical and theoretical foundations of the emergence and development of Paralympic sports, and darts as a sport. Some aspects of physical education of children with special developmental needs are considered. The methodological basis for teaching darts is given. The basics of developing and improving motor skills and physical qualities are studied. Basic parameters of technical and methodological support of the educational and training process. Darts competition rules.

Purpose of studying of the discipline

To give students a deep theoretical foundations of physical culture and sports, as well as teach students to practically implement its

basic concepts in various educational institutions and sports organizations.

Learning Outcomes

ON6 Analyze and solve pedagogical tasks in the professional sphere, apply modern educational technologies, various methods and approaches in the educational process.

ON7 Generalize the acquired pedagogical knowledge in the field of physical education, develop optimal forms and methods of the educational process, offer application options.

Prerequisites

School course

Postrequisites

Basic and profile disciplines of the EP

Athletics teaching methodology

Discipline cycle	Profiling discipline
Discipline component	Electives
SubjectID	28880 (3014273)
Course	1
Term	2
Credits count	5
Lectons	15hours
Practical and seminar classes	30hours
Independent work of a student under the guidance of a teacher	35hours
Independent work of the student	70hours
Total	150hours
Knowledge control form	Examination

Short description of discipline

This discipline examines the history, theory and methodology of teaching athletics. The beginning of training techniques is focused on the development of special qualities in the image of athletics. The originality of the formation, consolidation and progress of motor skills and physical qualities at different stages of athletes' training. Tactical-technical and physical-psychological elements of sports training in types of athletics. Rules, basic conditions for organizing and conducting competitions at various levels.

Purpose of studying of the discipline

The subject of athletics teaching methods is to teach students the skills and knowledge of the basic techniques of running, jumping, throwing, methods of teaching the basic types of athletics, which are included in the Presidential tests and general education school curriculum. Acquire the skills of organizing and conducting athletics competitions.

Learning Outcomes

ON6 Analyze and solve pedagogical tasks in the professional sphere, apply modern educational technologies, various methods and approaches in the educational process.

ON7 Generalize the acquired pedagogical knowledge in the field of physical education, develop optimal forms and methods of the educational process, offer application options.

Prerequisites

School course

Postrequisites

Basic and profile disciplines of the EP

Basics of tourism and orienteering

Discipline cycle	Profiling discipline
Discipline component	Electives
SubjectID	28881 (3014274)
Course	1
Term	2
Credits count	5
Lectons	15hours
Practical and seminar classes	30hours
Independent work of a student under the guidance of a teacher	35hours
Independent work of the student	70hours
Total	150hours
Knowledge control form	Examination

Short description of discipline

This discipline examines basic information about the history and geography of the formation and formation of the modern world structure of tourism. Provides knowledge about the basics of tourism development in the Republic of Kazakhstan. Studies development prospects, types, forms and methods of organizing tourist travel at the regional, republican and global levels. Forms skills in the basics of terrain orientation. Teaches the specifics of preparing students for tourism and the basics of organizing and conducting orienteering competitions.

Purpose of studying of the discipline

To give students the deep theoretical foundations of physical culture and sports, as well as to teach in practice to implement its basic concepts in various educational institutions and sports organizations.

Learning Outcomes

ON6 Analyze and solve pedagogical tasks in the professional sphere, apply modern educational technologies, various methods and approaches in the educational process.

ON7 Generalize the acquired pedagogical knowledge in the field of physical education, develop optimal forms and methods of the educational process, offer application options.

Prerequisites

School course

Postrequisites

Basic and profile disciplines of the EP

Swimming with the methods of teaching

Discipline cycle	Profiling discipline
Discipline component	Electives
SubjectID	29089 (3018901)
Course	2
Term	1
Credits count	5
Lectures	15hours
Practical and seminar classes	30hours
Independent work of a student under the guidance of a teacher	35hours
Independent work of the student	70hours
Total	150hours
Knowledge control form	Examination

Short description of discipline

The course teaches swimming with teaching methods and training sessions with students of different ages. They study individual parts of various techniques of certain techniques. The formation of systematized knowledge in the field of theory and methods of swimming, the formation of professional and pedagogical knowledge, skills and abilities necessary for independent activity considers the methodology of practical classes in accordance with the school curriculum, as well as the procedure for organizing, conducting and developing educational documentation.

Purpose of studying of the discipline

Formation of systematized knowledge in the field of theory and methods of swimming.

Learning Outcomes

ON6 Analyze and solve pedagogical tasks in the professional sphere, apply modern educational technologies, various methods and approaches in the educational process.

ON7 Generalize the acquired pedagogical knowledge in the field of physical education, develop optimal forms and methods of the educational process, offer application options.

Prerequisites

School course

Postrequisites

Basic and profile disciplines of the EP

Regbi with the methods of teaching

Discipline cycle	Profiling discipline
Discipline component	Electives
SubjectID	29090 (3018902)
Course	2
Term	1
Credits count	5
Lectures	15hours
Practical and seminar classes	30hours
Independent work of a student under the guidance of a teacher	35hours
Independent work of the student	70hours
Total	150hours
Knowledge control form	Examination

Short description of discipline

The discipline examines the basic techniques and tactics of the sports game of rugby, forms and methods of organizing classes and sports training in the game, refereeing competitions, preparing documentation and protocols of competitions. Analyzes the actions of physical education teachers and coaches. Makes it possible to competently create an environment within a team, correctly distribute the actions of players in a team, based on pedagogical principles, and create a psychologically healthy team.

Purpose of studying of the discipline

Formation of systematized knowledge in the field of theory and methodology of rugby.

Learning Outcomes

ON6 Analyze and solve pedagogical tasks in the professional sphere, apply modern educational technologies, various methods and approaches in the educational process.

ON7 Generalize the acquired pedagogical knowledge in the field of physical education, develop optimal forms and methods of the educational process, offer application options.

Prerequisites

School course

Postrequisites

Basic and profile disciplines of the EP

Volleyball with the methods of teaching

Discipline cycle	Profiling discipline
Discipline component	Electives
SubjectID	29126 (3019449)
Course	3
Term	1
Credits count	5
Lectons	15hours
Practical and seminar classes	30hours
Independent work of a student under the guidance of a teacher	35hours
Independent work of the student	70hours
Total	150hours
Knowledge control form	Examination

Short description of discipline

The course of the discipline introduces the history of the origin and development of volleyball, the history of the emergence of the game in the Republic of Kazakhstan. Reveals the basics of planning and organizing educational training sessions, means and methods of physical and special physical training. Teaches the technique of stances and movements of the athlete. Provides the opportunity to learn passing techniques, types of ball receptions, offensive strikes, dumps and blocks. Explains the meaning of competition rules, body movements and the roles of referees in volleyball.

Purpose of studying of the discipline

Be able to apply sports games in professional activities.

Learning Outcomes

ON6 Analyze and solve pedagogical tasks in the professional sphere, apply modern educational technologies, various methods and approaches in the educational process.

ON7 Generalize the acquired pedagogical knowledge in the field of physical education, develop optimal forms and methods of the educational process, offer application options.

Prerequisites

School course

Postrequisites

Basic and profile disciplines of the EP

A sitting volleyball with the methods of teaching

Discipline cycle	Profiling discipline
Discipline component	Electives
SubjectID	29127 (3019541)
Course	3
Term	1
Credits count	5
Lectons	15hours
Practical and seminar classes	30hours
Independent work of a student under the guidance of a teacher	35hours
Independent work of the student	70hours
Total	150hours
Knowledge control form	Examination

Short description of discipline

The subject of the discipline sets out the historical development and current state of development of volleyball in the Republic of Kazakhstan and in the world. Students review the rules of playing seated volleyball, the basic rules of refereeing and the classification of technical elements of the game. They study the possibilities of physiological development of a volleyball player and the basics of learning the game. They study methods of teaching tactical, technical, physical, and holistic training, material and technical support, as well as coaching and sports training.

Purpose of studying of the discipline

Training in professional activities based on the specifics of sports games.

Learning Outcomes

ON6 Analyze and solve pedagogical tasks in the professional sphere, apply modern educational technologies, various methods and approaches in the educational process.

ON7 Generalize the acquired pedagogical knowledge in the field of physical education, develop optimal forms and methods of the educational process, offer application options.

Prerequisites

School course

Postrequisites

Basic and profile disciplines of the EP

Handball with the methods of teaching

Discipline cycle	Basic disciplines
Discipline component	Electives
SubjectID	29214 (3020046)
Course	3
Term	2
Credits count	5
Lectons	15hours
Practical and seminar classes	30hours
Independent work of a student under the guidance of a teacher	35hours
Independent work of the student	70hours
Total	150hours
Knowledge control form	Examination

Short description of discipline

This discipline provides information about the history of the emergence and development of handball. Studying the basics of classification and structure of team sports games. Introduces the method of organizing the training process, with the features of tactical, technical, psychological and physical training. Teaches the basics of technique, tactics of dribbling and possession of the ball, playing in counterattack and defense. Considers the basic rules of competition and refereeing in handball, the procedure and requirements for logistics.

Purpose of studying of the discipline

The purpose of studying this discipline is to form the skills and abilities of general and special physical training, technique and tactics of handball, refereeing. To prepare a specialist for pedagogical, organizational, managerial activities in secondary schools. Secondary specialized educational institutions as a teacher of physical education.

Learning Outcomes

ON6 Analyze and solve pedagogical tasks in the professional sphere, apply modern educational technologies, various methods and approaches in the educational process.

ON7 Generalize the acquired pedagogical knowledge in the field of physical education, develop optimal forms and methods of the educational process, offer application options.

Prerequisites

School course

Postrequisites

Basic and profile disciplines of the EP

Goalball with the methods of teaching

Discipline cycle	Basic disciplines
Discipline component	Electives
SubjectID	29215 (3020047)
Course	3
Term	2
Credits count	5
Lectons	15hours
Practical and seminar classes	30hours
Independent work of a student under the guidance of a teacher	35hours
Independent work of the student	70hours
Total	150hours
Knowledge control form	Examination

Short description of discipline

This discipline reveals the theoretical foundations of inclusive education in the system of physical culture and sports. Provides knowledge on the basics of physical education of people with visual impairments. He studies the general information about the history of the development of the game of goalball as a means of rehabilitation and as a sport. Considers the features of the method of teaching goalball. Forms the skills of organizing the educational and training process. Informs about the technique and tactics of the game, organization and conduct of competitions.

Purpose of studying of the discipline

The purpose of studying this discipline is to form the skills and abilities of general and special physical training, technique and tactics of hollball, refereeing. To prepare a specialist for pedagogical, organizational, managerial activities in secondary schools. Secondary specialized educational institutions as a teacher of physical education.

Learning Outcomes

ON6 Analyze and solve pedagogical tasks in the professional sphere, apply modern educational technologies, various methods and approaches in the educational process.

ON7 Generalize the acquired pedagogical knowledge in the field of physical education, develop optimal forms and methods of the educational process, offer application options.

Prerequisites

School course

Postrequisites

Basic and profile disciplines of the EP

Basketball with teaching methods

Discipline cycle	Profiling discipline
Discipline component	Electives
SubjectID	29218 (3020044)
Course	3
Term	2
Credits count	5
Lectons	15hours
Practical and seminar classes	30hours
Independent work of a student under the guidance of a teacher	35hours
Independent work of the student	70hours
Total	150hours
Knowledge control form	Examination

Short description of discipline

The course involves studying the history of the emergence and development of basketball. Reviews the basics of initial teaching of playing techniques. Basic ways and techniques of holding the ball, dribbling, passing and shooting to the basket. Features of tactics and techniques of individual and team basketball. Some aspects of physical and special training by age groups. Gives general information about the technique and tactics of playing streetball. Competition rules.

Purpose of studying of the discipline

The course should contribute to the development of creative thinking, the formation of the scientific outlook of students, to equip the future teacher with a set of knowledge, practical skills and abilities for active pedagogical activity.

Learning Outcomes

ON6 Analyze and solve pedagogical tasks in the professional sphere, apply modern educational technologies, various methods and approaches in the educational process.

ON7 Generalize the acquired pedagogical knowledge in the field of physical education, develop optimal forms and methods of the educational process, offer application options.

Prerequisites

School course

Postrequisites

Basic and profile disciplines of the EP

Wheelchair basketball with the methods of teaching

Discipline cycle	Profiling discipline
Discipline component	Electives
SubjectID	29219 (3020045)
Course	3
Term	2
Credits count	5
Lectons	15hours
Practical and seminar classes	30hours
Independent work of a student under the guidance of a teacher	35hours
Independent work of the student	70hours
Total	150hours
Knowledge control form	Examination

Short description of discipline

The discipline studies the history of the development of Paralympic, Deaflympics and special sports. The basics of the system of physical education of people with disabilities are considered. The basics of teaching wheelchair basketball, techniques and methods of ball possession, passing and throws are studied. The main methods of individual and team play, technique and tactics in attack and defense. Logistics. Basic rules for organizing and conducting competitions.

Purpose of studying of the discipline

The course should contribute to the development of creative thinking of people with special abilities, the formation of a scientific worldview, equipping the future teacher with a set of knowledge, practical skills and abilities for active pedagogical activity.

Learning Outcomes

ON6 Analyze and solve pedagogical tasks in the professional sphere, apply modern educational technologies, various methods and approaches in the educational process.

ON7 Generalize the acquired pedagogical knowledge in the field of physical education, develop optimal forms and methods of the educational process, offer application options.

Prerequisites

School course

Postrequisites

Basic and profile disciplines of the EP

Mini football with the methods of teaching

Discipline cycle	Profiling discipline
Discipline component	Electives
SubjectID	29222 (3020050)

Course	3
Term	2
Credits count	5
Lectons	15hours
Practical and seminar classes	30hours
Independent work of a student under the guidance of a teacher	35hours
Independent work of the student	70hours
Total	150hours
Knowledge control form	Examination

Short description of discipline

The discipline contains information about the history of the development of mini-football, the basics of mini-football and the rules of the game in mini-football. The content of strategic training in mini-football and the possibilities of teaching offensive actions in mini-football are revealed. The features of teaching the technique of playing mini-football are studied. The technique is the art of kicking the ball, stopping the ball, heading the ball, dribbling the ball, deceptive movements (feints). Interception of the ball, technique and way of playing as a goalkeeper are mastered.

Purpose of studying of the discipline

To equip the future highly educated specialist working in the field of physical culture and sports with special knowledge, concepts, methods, techniques and techniques of organizing lessons of physical education and sports.

Learning Outcomes

ON6 Analyze and solve pedagogical tasks in the professional sphere, apply modern educational technologies, various methods and approaches in the educational process.

ON7 Generalize the acquired pedagogical knowledge in the field of physical education, develop optimal forms and methods of the educational process, offer application options.

Prerequisites

School course

Postrequisites

Basic and profile disciplines of the EP

Basics of football training 5x5 and 7x7

Discipline cycle	Profiling discipline
Discipline component	Electives
SubjectID	29221 (3020049)
Course	3
Term	2
Credits count	5
Lectons	15hours
Practical and seminar classes	30hours
Independent work of a student under the guidance of a teacher	35hours
Independent work of the student	70hours
Total	150hours
Knowledge control form	Examination

Short description of discipline

The subject contains the basics of the adaptation game of 5x5 mini-football, played by visually impaired and blind athletes, and 7x7 football, intended for athletes with cerebral palsy and other somatic diseases, including stroke and the effects of trauma on the brain. Provides information about the history and modern development, rules, and competitions in these sports. Considers the possibilities of teaching the organization and implementation of a practical and competitive process.

Purpose of studying of the discipline

To equip the future highly educated specialist working in the field of physical culture and sports with special knowledge, concepts, methods, techniques and techniques of organizing lessons of physical education and sports.

Learning Outcomes

ON6 Analyze and solve pedagogical tasks in the professional sphere, apply modern educational technologies, various methods and approaches in the educational process.

ON7 Generalize the acquired pedagogical knowledge in the field of physical education, develop optimal forms and methods of the educational process, offer application options.

Prerequisites

School course

Postrequisites

Basic and profile disciplines of the EP

Football with the methodology of teaching

Discipline cycle	Profiling discipline
Discipline component	Electives
SubjectID	29220 (3020048)
Course	3
Term	2
Credits count	5

Lectons	15hours
Practical and seminar classes	30hours
Independent work of a student under the guidance of a teacher	35hours
Independent work of the student	70hours
Total	150hours
Knowledge control form	Examination

Short description of discipline

The course contains information about the unity of education, training and education. Considers the features of teaching motor actions in football, the structure and forms of organization of the educational and training process. Gives knowledge about the technique and tactics of the game, about the sequence of studying the elements of the game. Learns the basics of individual and group training through various tasks and exercises. Provides information about the game plan, the playing technique of the field player and goalkeeper.

Purpose of studying of the discipline

To equip the future highly educated specialist working in the field of physical culture and sports with special knowledge, concepts, methods, techniques and techniques of organizing lessons of physical education and sports.

Learning Outcomes

ON6 Analyze and solve pedagogical tasks in the professional sphere, apply modern educational technologies, various methods and approaches in the educational process.

ON7 Generalize the acquired pedagogical knowledge in the field of physical education, develop optimal forms and methods of the educational process, offer application options.

Prerequisites

School course

Postrequisites

Basic and profile disciplines of the EP

Table tennis with teaching methods

Discipline cycle	Profiling discipline
Discipline component	Electives
SubjectID	29230 (3020145)
Course	4
Term	1
Credits count	6
Lectons	30hours
Practical and seminar classes	30hours
Independent work of a student under the guidance of a teacher	40hours
Independent work of the student	80hours
Total	180hours
Knowledge control form	Examination

Short description of discipline

The discipline provides information about the history of the emergence and development of table tennis as a sport. Gives general information on the basic training methods for different racket grips, the technique of various stances, movements, techniques and serves. Emphasizes the characteristic teaching of the technique of basic strikes (cutting, rolling), "stand", "candle", strategic actions in singles and doubles games. The fundamentals of physical and special training of an athlete at various stages of the educational and training process are considered.

Purpose of studying of the discipline

1. The course of acquaintance with the methods and techniques of teaching table tennis will help the future teacher of physical education to conduct school and extracurricular activities.

2. To equip the future highly educated specialist working in the field of physical culture and sports with special knowledge, concepts, methods, techniques, techniques of organization of physical education and sports training.

3. Table tennis should be in accordance with the basic elements of teaching, approved by the choice of teaching methods and tools.

4. Acquaintance with the special knowledge, terms, concepts, methods, business education necessary for the future higher education specialist working in the field of physical culture and sports.

Learning Outcomes

ON6 Analyze and solve pedagogical tasks in the professional sphere, apply modern educational technologies, various methods and approaches in the educational process.

ON7 Generalize the acquired pedagogical knowledge in the field of physical education, develop optimal forms and methods of the educational process, offer application options.

Prerequisites

School course

Postrequisites

Basic and profile disciplines of the EP

Interactive games with the method of recover

Discipline cycle	Profiling discipline
Discipline component	Electives
SubjectID	29234 (3020148)
Course	4
Term	1

Credits count	6
Lectons	30hours
Practical and seminar classes	30hours
Independent work of a student under the guidance of a teacher	40hours
Independent work of the student	80hours
Total	180hours
Knowledge control form	Examination

Short description of discipline

The discipline examines the foundations of modern interactive forms of gaming methods for the formation and development of basic intellectual, social, communicative, creative and motor abilities of students. Introduces the pedagogical resource of interactive games as a means of forming a creative position for the student. Reveals the features of organizing and conducting an interactive game with a healing and multi-developmental orientation.

Purpose of studying of the discipline

training of a qualified specialist with necessary knowledge, skills and abilities in the field of wellness technologies in physical culture; creating a positive attitude towards professional pedagogical activities in the field of teaching the basics of health aerobics and fitness training.

Learning Outcomes

ON5 Demonstrate the principles and methods of development of pedagogy and psychology of physical culture and sports, economics, modern pedagogical teaching technologies, determine and apply programs and teaching methods aimed at developing the educational process.

ON6 Analyze and solve pedagogical tasks in the professional sphere, apply modern educational technologies, various methods and approaches in the educational process.

ON7 Generalize the acquired pedagogical knowledge in the field of physical education, develop optimal forms and methods of the educational process, offer application options.

Prerequisites

School course

Postrequisites

Basic and profile disciplines of the EP

National sports teaching methodology

Discipline cycle	Profiling discipline
Discipline component	Electives
SubjectID	29232 (3020147)
Course	4
Term	1
Credits count	6
Lectons	30hours
Practical and seminar classes	30hours
Independent work of a student under the guidance of a teacher	40hours
Independent work of the student	80hours
Total	180hours
Knowledge control form	Examination

Short description of discipline

The subject matter contains the history of the emergence and progress of national sports in the republic, the art of movements and tactical tasks. Activities, conditions for judging and holding competitions in folk sports, society and the design of mass sports events in the process of a rational approach to health and physical education, updating national traditions. Education about the basics of theory and teaching methods, organization of the training process in national sports.

Purpose of studying of the discipline

In-depth study of the aspects and secrets of national sports and sports games; to teach human beings the materials mastered by a specialist in accordance with the level of age, sex and physical fitness;

Learning Outcomes

ON6 Analyze and solve pedagogical tasks in the professional sphere, apply modern educational technologies, various methods and approaches in the educational process.

ON7 Generalize the acquired pedagogical knowledge in the field of physical education, develop optimal forms and methods of the educational process, offer application options.

Prerequisites

School course

Postrequisites

Basic and profile disciplines of the EP

Tennis teaching methodology

Discipline cycle	Profiling discipline
Discipline component	Electives
SubjectID	29231 (3020146)
Course	4
Term	1

Credits count	6
Lectons	30hours
Practical and seminar classes	30hours
Independent work of a student under the guidance of a teacher	40hours
Independent work of the student	80hours
Total	180hours
Knowledge control form	Examination

Short description of discipline

The content of the discipline examines the history of the development of tennis and teaching methods. The basic terminology of this sport, the structure of the game are studied, the technique and tactics of the game and equipment are described. Determines the technique of the player's stance, grips, technique of techniques and strikes, coordination and rhythm of all movements of the ball, from the accuracy and stability of the ball toss, explains the strategy and classification of game actions, methods of organizing and conducting competitions.

Purpose of studying of the discipline

An introductory course on the methods of teaching tennis will help the future teacher of physical education to conduct school and extracurricular activities.

Learning Outcomes

ON6 Analyze and solve pedagogical tasks in the professional sphere, apply modern educational technologies, various methods and approaches in the educational process.

ON7 Generalize the acquired pedagogical knowledge in the field of physical education, develop optimal forms and methods of the educational process, offer application options.

Prerequisites

School course

Postrequisites

Basic and profile disciplines of the EP

Module 6. Recreational Motor Activities

Outdoor games with the method of inclusive learning

Discipline cycle	Profiling discipline
Discipline component	Electives
SubjectID	29092 (3018904)
Course	2
Term	1
Credits count	5
Lectons	15hours
Practical and seminar classes	30hours
Independent work of a student under the guidance of a teacher	35hours
Independent work of the student	70hours
Total	150hours
Knowledge control form	Examination

Short description of discipline

The discipline provides information about the features of organizing, conducting and managing the educational process of inclusive content in outdoor games. Studies the issues of education and socialization of children with special educational needs and special abilities through the establishment and development of basic motor and psychomotor skills. They use plot-role-playing and emotionally positive possibilities of the methodology of outdoor games with inclusive content. Explains the features of sports, special equipment and educational materials.

Purpose of studying of the discipline

The purpose of teaching the course - the method of teaching mobile games, in close connection with other disciplines, provides students, specialists in physical education and sports with knowledge, informing them about the prices and the main aspects of youth sports.

The role of youth sports, the main base for training sports fans in the country, is developing every year. World-class sporting achievements require a constant search for work with young athletes, the consideration of new scientific advances, methods and favorable ways to achieve high results.

Learning Outcomes

ON8 Have theoretical and practical knowledge of assessing the physical abilities and functional state of students, organize recreational activities, taking into account monitoring of physical activity.

Prerequisites

School course

Postrequisites

Basic and profile disciplines of the EP

Moving, recreational games in sports

Discipline cycle	Profiling discipline
Discipline component	Electives
SubjectID	29091 (3018903)

Course	2
Term	1
Credits count	5
Lectons	15hours
Practical and seminar classes	30hours
Independent work of a student under the guidance of a teacher	35hours
Independent work of the student	70hours
Total	150hours
Knowledge control form	Examination

Short description of discipline

This subject teaches effective ways of organizing activities, such as outdoor games, organized for the development of children with disabilities. It teaches to determine the levels of physical development of children, taking into account age and gender characteristics, to clarify the diagnosis with the help of medical workers, to be able to purposefully organize the process of physical education, to selectively group them into health groups, to master the ways of making the transition from group to group.

Purpose of studying of the discipline

The purpose of teaching the course - the method of teaching mobile games, in close connection with other disciplines, provides students, specialists in physical education and sports with knowledge, informing them about the prices and the main aspects of youth sports. The role of youth sports, the main base for training sports fans in the country, is developing every year. World-class sporting achievements require a constant search for work with young athletes, the consideration of new scientific advances, methods and favorable ways to achieve high results.

Learning Outcomes

ON8 Have theoretical and practical knowledge of assessing the physical abilities and functional state of students, organize recreational activities, taking into account monitoring of physical activity.

Prerequisites

School course

Postrequisites

Basic and profile disciplines of the EP

Organization and holding of sporting events

Discipline cycle	Basic disciplines
Discipline component	Electives
SubjectID	29113 (3018992)
Course	2
Term	2
Credits count	7
Lectons	30hours
Practical and seminar classes	45hours
Independent work of a student under the guidance of a teacher	45hours
Independent work of the student	90hours
Total	210hours
Knowledge control form	Examination

Short description of discipline

The course teaches effective forms of organizing mass recreational, physical culture and sports work. Studying the methods of drawing up the calendar plan of sports competitions; development of regulations on the competition; preparation of cost estimates; formation of the organizing committee for the preparation and holding of competitions; selection of the panel of judges and organization of its work.

Purpose of studying of the discipline

Introducing students to regular physical exercises of a sports orientation, conducting competitive activities, as well as promoting and popularizing physical culture and sports.

Learning Outcomes

ON3 To form the foundations of pedagogical knowledge in programs of physical education, health and sports activities in the educational process, using educational and material resources.

ON9 Able to apply management competencies in organizing sports activities, taking into account legal norms, to establish relationships with the public, with professional associations, with different age groups.

Prerequisites

Organization and holding of sporting events

Postrequisites

Pedagogical practice

Basics of recreation and methods of statistics in sports

Discipline cycle	Basic disciplines
Discipline component	Electives
SubjectID	29115 (3019171)
Course	2
Term	2
Credits count	7

Lectures	30hours
Practical and seminar classes	45hours
Independent work of a student under the guidance of a teacher	45hours
Independent work of the student	90hours
Total	210hours
Knowledge control form	Examination

Short description of discipline

This subject teaches a set of health-improving activities organized to restore a person's well-being and performance. Methods of statistics in sports, adjusting the results of the physical training process, teach teachers to determine the levels of physical development depending on the gender and age of athletes, regulate their achievements in sports, plan, mathematically analyze the results obtained in the course of scientific research and evaluate the reliability of the conclusions obtained.

Purpose of studying of the discipline

restoration of human health and working capacity in the course of properly organized recreational activities in the field of physical culture and sports, scientifically based in accordance with methodological requirements.

Learning Outcomes

ON8 Have theoretical and practical knowledge of assessing the physical abilities and functional state of students, organize recreational activities, taking into account monitoring of physical activity.

Prerequisites

Moving, recreational games in sports

Postrequisites

Pedagogical practice

Badminton with the methods of teaching

Discipline cycle	Profiling discipline
Discipline component	Electives
SubjectID	29217 (3020040)
Course	3
Term	2
Credits count	5
Lectures	30hours
Practical and seminar classes	15hours
Independent work of a student under the guidance of a teacher	35hours
Independent work of the student	70hours
Total	150hours
Knowledge control form	Examination

Short description of discipline

The course involves studying the history of the origin and development of badminton. The basics of preparing varieties of dexterity in working with a racket, the technique of stances and movements are given. Teaches the basic methods of serving, the technique of serving from below and above with the open and closed side of the racket, the technique of attacking strikes. Teaches tactics in singles and doubles games. Taking into account the age and individual characteristics of students at various stages of the training process. Competition rules. Logistics support.

Purpose of studying of the discipline

To give students a deep theoretical foundations of physical culture and sports, as well as teach students to practically implement its basic concepts in various educational institutions and sports organizations.

Learning Outcomes

ON6 Analyze and solve pedagogical tasks in the professional sphere, apply modern educational technologies, various methods and approaches in the educational process.

ON7 Generalize the acquired pedagogical knowledge in the field of physical education, develop optimal forms and methods of the educational process, offer application options.

Prerequisites

School course

Postrequisites

Basic and profile disciplines of the EP

Rhythmic and recreational gymnastics

Discipline cycle	Profiling discipline
Discipline component	Electives
SubjectID	29216 (3020039)
Course	3
Term	2
Credits count	5
Lectures	30hours
Practical and seminar classes	15hours
Independent work of a student under the guidance of a teacher	35hours
Independent work of the student	70hours

Total	150hours
Knowledge control form	Examination

Short description of discipline

The course of study reveals the theoretical foundations of recreational gymnastics. Studies the basics of teaching rhythm and their varieties, the basics of sports plasticity and stage performances. Features of teaching methods for students. Initial methods of teaching acrobatic exercises and the basics of plastic gymnastics. Includes education and training of specialists in the basics of sports psychology and methods of organizing mass performances. Attention is paid to the prevention of child injuries, and the implementation of preventive measures for their safety measures.

Purpose of studying of the discipline

The subject of athletics teaching methods is to teach students the skills and knowledge of the basic techniques of running, jumping, throwing, methods of teaching the basic types of athletics, which are included in the Presidential tests and general education school curriculum. Acquire the skills of organizing and conducting athletics competitions.

Learning Outcomes

ON6 Analyze and solve pedagogical tasks in the professional sphere, apply modern educational technologies, various methods and approaches in the educational process.

ON7 Generalize the acquired pedagogical knowledge in the field of physical education, develop optimal forms and methods of the educational process, offer application options.

Prerequisites

Basic and profile disciplines of the EP

Postrequisites

Pedagogical practice

Module 7. Fundamentals of personality formation in society

Sociology in sports

Discipline cycle	General educational disciplines
Discipline component	Compulsory component
SubjectID	34093 (3024458)
Course	1
Term	2
Credits count	3
Lectons	15hours
Practical and seminar classes	15hours
Independent work of a student under the guidance of a teacher	20hours
Independent work of the student	40hours
Total	90hours
Knowledge control form	Examination

Short description of discipline

The discipline provides the foundations of knowledge about the sociology of physical culture and sports as a special sociological theory. Society, culture, physical culture and sports are revealed as the main sociological categories, as social institutions. The features of motivation for physical exercises and sports in various social groups are studied. Attention is paid to gender relations, deviant behavior and social control in sports activities. Examines sport in a globalized society.

Purpose of studying of the discipline

The purpose of the course is to help students learn and comprehend the fundamentals of the sociology of physical culture and sports: the nature, content, features and significance of this science, as well as the problems that it studies, and ways to solve them.

Learning Outcomes

ON1 Demonstrate socio-cultural, economic, legal, environmental knowledge, communication skills, apply information technology, taking into account modern trends in the development of society.

ON9 Able to apply management competencies in organizing sports activities, taking into account legal norms, to establish relationships with the public, with professional associations, with different age groups.

Prerequisites

Bases of economics, law and ecological knowledge

Postrequisites

Basic and profile disciplines of the EP

Organization of sports and recreational activities

Discipline cycle	Basic disciplines
Discipline component	University component
SubjectID	34033 (3024449)
Course	1
Term	2
Credits count	5
Lectons	30hours
Practical and seminar classes	15hours
Independent work of a student under the guidance of a teacher	35hours
Independent work of the student	70hours

Total	150hours
Knowledge control form	Examination

Short description of discipline

The discipline allows you to systematize the knowledge of future specialists in the organization of extracurricular activities in physical culture and sports. In addition, it gives an idea of the main forms, means and methods of organizing mass sports and physical culture and recreation work in educational institutions. Forms skills for the development of physical culture, promotion and agitation of a healthy lifestyle, organization of training and educational processes in sports.

Purpose of studying of the discipline

Introducing students to regular physical exercises of a sports orientation, conducting competitive activities, as well as promoting and popularizing physical culture and sports.

Learning Outcomes

ON3 To form the foundations of pedagogical knowledge in programs of physical education, health and sports activities in the educational process, using educational and material resources.

ON9 Able to apply management competencies in organizing sports activities, taking into account legal norms, to establish relationships with the public, with professional associations, with different age groups.

Prerequisites

Introduction to the profession of a physical education and sports teacher

Postrequisites

Organization of sports and recreational activities

PDW: International sports organizations

Discipline cycle	Profiling discipline
Discipline component	University component
SubjectID	34036 (3024452)
Course	1
Term	2
Credits count	3
Lectons	15hours
Practical and seminar classes	15hours
Independent work of a student under the guidance of a teacher	20hours
Independent work of the student	40hours
Total	90hours
Knowledge control form	Examination

Short description of discipline

The discipline reveals the main provisions of the theory and practice of the functioning of international sports organizations, forms the necessary amount of fundamental and applied knowledge, practical skills necessary to solve problems of establishing an effective mechanism for the functioning of sports organizations, provides an opportunity to get acquainted with the basics of intercultural relations in management, defines the ability to effectively perform their functions in an intercultural environment and analyze, justify management decisions in world markets.

Purpose of studying of the discipline

Introducing students to regular physical exercises of a sports orientation, conducting competitive activities, as well as promoting and popularizing physical culture and sports.

Learning Outcomes

ON9 Able to apply management competencies in organizing sports activities, taking into account legal norms, to establish relationships with the public, with professional associations, with different age groups.

Prerequisites

Basic and profile disciplines of the EP

Postrequisites

Professional practice

Public relations in sports;

Discipline cycle	Profiling discipline
Discipline component	University component
SubjectID	34037 (3024451)
Course	1
Term	2
Credits count	3
Lectons	0hours
Practical and seminar classes	30hours
Independent work of a student under the guidance of a teacher	20hours
Independent work of the student	40hours
Total	90hours
Knowledge control form	Examination

Short description of discipline

The discipline defines sports marketing and public relations. Analyzes communications with mass media in sports marketing. Summarizes information management in a crisis situation, revises the creation of an athlete's image. Training in information

management in a crisis situation and the formation of the image of the region and the creation of a corporate image. The main attention is paid to the study of the influence of social relations in sports through social networks.

Purpose of studying of the discipline

Formation of social and humanitarian worldview of students in the context of solving the problems of modernization of public consciousness, defined by the state program "Looking into the Future: Modernization of Public Consciousness".

Learning Outcomes

ON9 Able to apply management competencies in organizing sports activities, taking into account legal norms, to establish relationships with the public, with professional associations, with different age groups.

Prerequisites

The module of socio-political knowledge (sociology, political science, cultural studies, psychology)

Postrequisites

Basic and profile disciplines of the EP

Negotiation techniques in business and sports;

Discipline cycle	Profiling discipline
Discipline component	University component
SubjectID	34035 (3024453)
Course	1
Term	2
Credits count	3
Lectons	0hours
Practical and seminar classes	30hours
Independent work of a student under the guidance of a teacher	20hours
Independent work of the student	40hours
Total	90hours
Knowledge control form	Examination

Short description of discipline

The content of the discipline provides the knowledge of a professional negotiator and mediator - a specialist with systematic knowledge in the field of negotiation psychology, possessing practical skills in effective resolution of problematic, conflict and crisis situations. Forms the ability to set goals and objectives of business negotiations, determines the range, develops a plan, strategy and tactics of negotiations and collects information about partners, uses argumentation techniques and varies methods of conducting business negotiations.

Purpose of studying of the discipline

form a system of knowledge and train students to apply the law correctly, to further protect the rights and obligations of a citizen;

Learning Outcomes

ON9 Able to apply management competencies in organizing sports activities, taking into account legal norms, to establish relationships with the public, with professional associations, with different age groups.

Prerequisites

Bases of economics, law and ecological knowledge

Postrequisites

Basic and profile disciplines of the EP

Personnel Management

Discipline cycle	Profiling discipline
Discipline component	University component
SubjectID	33729 (3024454)
Course	1
Term	2
Credits count	3
Lectons	0hours
Practical and seminar classes	30hours
Independent work of a student under the guidance of a teacher	20hours
Independent work of the student	40hours
Total	90hours
Knowledge control form	Examination

Short description of discipline

Study the basics of selecting and training service personnel for sporting events and servicing competitions. Examines the basics of organizations during sporting events and training camps at various levels. Reveals the methodology for selecting personnel and service personnel to prepare for servicing competitions at various levels. Teaches the peculiarities of the methodology of organizing personnel management during sports competitions and training camps at various levels.

Purpose of studying of the discipline

Related to the performance of professional activities, responsibly fulfills his professional duties, observing the rules of professional ethics, taking care of the achievements and traditions of the profession

Learning Outcomes

ON9 Able to apply management competencies in organizing sports activities, taking into account legal norms, to establish relationships with the public, with professional associations, with different age groups.

Prerequisites

Basic and profile disciplines of the EP

Postrequisites

Basic and profile disciplines of the EP

Intercultural integration

Discipline cycle	General educational disciplines
Discipline component	Compulsory component
SubjectID	34106 (3024467)
Course	2
Term	2
Credits count	3
Practical and seminar classes	30hours
Independent work of a student under the guidance of a teacher	20hours
Independent work of the student	40hours
Total	90hours
Knowledge control form	Examination

Short description of discipline

The discipline develops cultural sensitivity and tolerance in intercultural communication, expands the horizons of students and their acquisition of cultural and linguocultural knowledge, forms an understanding of the need to study national and cultural characteristics of communicative behavior along with learning a foreign language, increases the intercultural communicative competence of students, including knowledge, skills and abilities that make it possible to solve a number of tasks necessary for successful intercultural communication.

Purpose of studying of the discipline

Formation of linguistic-cultural, socio-cultural, cognitive and communicative competence of students in the process of foreign language education

Learning Outcomes

ON1 Demonstrate socio-cultural, economic, legal, environmental knowledge, communication skills, apply information technology, taking into account modern trends in the development of society.

ON9 Able to apply management competencies in organizing sports activities, taking into account legal norms, to establish relationships with the public, with professional associations, with different age groups.

Prerequisites

Foreign language

Postrequisites

Basic and profile disciplines of the EP

Theory of sports

Discipline cycle	Basic disciplines
Discipline component	University component
SubjectID	33731 (3024468)
Course	2
Term	2
Credits count	3
Lectures	15hours
Practical and seminar classes	15hours
Independent work of a student under the guidance of a teacher	20hours
Independent work of the student	40hours
Total	90hours
Knowledge control form	Examination

Short description of discipline

The subject describes advanced forms of the organization of scientific knowledge, providing a comprehensive understanding of the laws and important connections of physical education and sports. The theory describes phenomena, explains the laws of the functioning of the phenomenon, predicts further changes in the field of sports and connects it with modern practice. Explores the basic patterns of sports activity and ways to improve its effectiveness. Directs a deeper understanding of modern sports.

Purpose of studying of the discipline

The discipline introduces the system of obtaining education in a higher educational institution, directs the development of organizational requirements of the general educational process, introduces the specifics of the specialty of Physical Culture and sports.

Learning Outcomes

ON4 Design pedagogical research in the educational process, collect the necessary experimental information, analyze it, present results using a creative approach in solving problems of educational activity.

ON9 Able to apply management competencies in organizing sports activities, taking into account legal norms, to establish relationships with the public, with professional associations, with different age groups.

Prerequisites

Basic and profile disciplines of the EP

Postrequisites

Basic and profile disciplines of the EP

Competition in the sports market

Discipline cycle	Profiling discipline
Discipline component	University component
SubjectID	34045 (3024461)
Course	2
Term	2
Credits count	3
Lectures	15hours
Practical and seminar classes	15hours
Independent work of a student under the guidance of a teacher	20hours
Independent work of the student	40hours
Total	90hours
Knowledge control form	Examination

Short description of discipline

The subject defines the main tools of strategic analysis of the enterprise and the industry necessary for the correct diagnosis of the competitive position and the potential of competitiveness in the sports market. Describes the characteristics of the sports sector in terms of the forces influencing the entities operating in it, and their strategic consequences, sources of competitiveness of sports organizations in the sports market, as well as competitive strategies in the global sports market.

Purpose of studying of the discipline

The discipline introduces the system of obtaining education in a higher educational institution, directs the development of organizational requirements of the general educational process, introduces the specifics of the specialty of Physical Culture and sports.

Learning Outcomes

ON 10 Own basic techniques, applied scientific methods and information technology for sports, recreation and health promotion, develop adapted programs and conduct activities related to different individual sports needs.

Prerequisites

Basic and profile disciplines of the EP

Postrequisites

Basic and profile disciplines of the EP

Law in sports

Discipline cycle	Profiling discipline
Discipline component	University component
SubjectID	33730 (3024463)
Course	2
Term	2
Credits count	3
Lectures	15hours
Practical and seminar classes	15hours
Independent work of a student under the guidance of a teacher	20hours
Independent work of the student	40hours
Total	90hours
Knowledge control form	Examination

Short description of discipline

Studies the main issues of legal literacy in the sports system. Considers the main provisions for financing competitions, tournaments and championships. Describes law as a type of activity in the field of organizing sporting events, choosing the direction and planning the rules of implementation within the constitutional framework, searching for initial information, the theoretical level of legislation, modeling and posing the problem of legal research, as well as the features and methodology of implementing legal rules.

Purpose of studying of the discipline

The discipline introduces the system of obtaining education in a higher educational institution, directs the development of organizational requirements of the general educational process, introduces the specifics of the specialty of Physical Culture and sports.

Learning Outcomes

ON9 Able to apply management competencies in organizing sports activities, taking into account legal norms, to establish relationships with the public, with professional associations, with different age groups.

Prerequisites

Basic and profile disciplines of the EP

Postrequisites

Basic and profile disciplines of the EP

Sustainable development

Discipline cycle	Profiling discipline
Discipline component	University component
SubjectID	34048 (3024466)
Course	2
Term	2
Credits count	3

Lectons	15hours
Practical and seminar classes	15hours
Independent work of a student under the guidance of a teacher	20hours
Independent work of the student	40hours
Total	90hours
Knowledge control form	Examination

Short description of discipline

The discipline introduces the complex of sustainable development of sports. Provides general information about the basics of modern teaching methods and the system of working with children and youth in order to develop professional competencies to prepare them for life and work. Explores a youth leadership development program that aims to train young leaders and prepare them to use sport as a tool for self-development.

Purpose of studying of the discipline

The discipline introduces the system of obtaining education in a higher educational institution, directs the development of organizational requirements of the general educational process, introduces the specifics of the specialty of Physical Culture and sports.

Learning Outcomes

ON9 Able to apply management competencies in organizing sports activities, taking into account legal norms, to establish relationships with the public, with professional associations, with different age groups.

Prerequisites

Bases of economics, law and ecological knowledge

Postrequisites

Basic and profile disciplines of the EP

Finance in sports

Discipline cycle	Profiling discipline
Discipline component	University component
SubjectID	34047 (3024465)
Course	2
Term	2
Credits count	3
Lectons	15hours
Practical and seminar classes	15hours
Independent work of a student under the guidance of a teacher	20hours
Independent work of the student	40hours
Total	90hours
Knowledge control form	Examination

Short description of discipline

The discipline considers financial management in sports, its specifics in the sports industry, financial policy based on the basic laws of the sports market. Be able to analyze and build financial management systems. To know the modern concept of financial management and its role in the management of a sports organization, including the taxation of organizations in sports. Carry out work to attract investments in the field of sports and build an effective remuneration management system.

Purpose of studying of the discipline

The purpose of studying the discipline: Mastering the theoretical and practical foundations of finance at the macro and micro levels

Learning Outcomes

ON9 Able to apply management competencies in organizing sports activities, taking into account legal norms, to establish relationships with the public, with professional associations, with different age groups.

Prerequisites

Basic and profile disciplines of the EP

Postrequisites

Basic and profile disciplines of the EP

PDW: Relaxation techniques

Discipline cycle	Profiling discipline
Discipline component	University component
SubjectID	34051 (3024470)
Course	3
Term	1
Credits count	3
Lectons	0hours
Practical and seminar classes	30hours
Independent work of a student under the guidance of a teacher	20hours
Independent work of the student	40hours
Total	90hours
Knowledge control form	Examination

Short description of discipline

The discipline considers restorative methods, features and types of autogenic exercises in the field of physical culture and sports. Forms

the ways of the process of physical and mental fatigue of a person and types of physical exercises for its rapid elimination. Teaches meditative techniques of muscle relaxation through the use of methods of physical education and special physical exercises. Analyzes the causes of stress on the body, considers methods of prevention and elimination.

Purpose of studying of the discipline

The purpose of the lesson is to teach methods of neuromuscular relaxation, relaxation techniques; developing in students the ability to manage their psychophysical state

Learning Outcomes

ON8 Have theoretical and practical knowledge of assessing the physical abilities and functional state of students, organize recreational activities, taking into account monitoring of physical activity.

ON9 Able to apply management competencies in organizing sports activities, taking into account legal norms, to establish relationships with the public, with professional associations, with different age groups.

Prerequisites

Basics of recreation and methods of statistics in sports

Postrequisites

Basic and profile disciplines of the EP

PDW: Functional Training

Discipline cycle	Profiling discipline
Discipline component	University component
SubjectID	34052 (3024471)
Course	3
Term	1
Credits count	3
Practical and seminar classes	30hours
Independent work of a student under the guidance of a teacher	20hours
Independent work of the student	40hours
Total	90hours
Knowledge control form	Examination

Short description of discipline

The course studies the functional responses of the human body during the performance of motor actions at rest and under conditions of physical effort. Defines the main methods of functional assessment used at various stages of sports training and in persons of different ages. Reviews and interprets the results of process diagnostics, motion control, and evaluation of functional measures based on selected test scales.

Purpose of studying of the discipline

Formation of students` readiness to use the theoretical knowledge obtained as a result of mastering the discipline, as well as the practical skills necessary for the scientifically based use of outdoor games in various forms of work.

Learning Outcomes

ON8 Have theoretical and practical knowledge of assessing the physical abilities and functional state of students, organize recreational activities, taking into account monitoring of physical activity.

ON9 Able to apply management competencies in organizing sports activities, taking into account legal norms, to establish relationships with the public, with professional associations, with different age groups.

Prerequisites

Age psychology and physiology Inclusive education

Postrequisites

Pedagogical practice

Organization of sports for people with disabilities

Discipline cycle	Profiling discipline
Discipline component	University component
SubjectID	34053 (3024472)
Course	3
Term	1
Credits count	3
Lectures	15hours
Practical and seminar classes	15hours
Independent work of a student under the guidance of a teacher	20hours
Independent work of the student	40hours
Total	90hours
Knowledge control form	Examination

Short description of discipline

The course examines specially created sports facilities for people with disabilities. Studies the theory of regulation of physical exercises and methods of labor organization, problems and ways of rehabilitation, taking into account deviations in health. Defines the ways of organizing trainings and sports sections, activities of clubs. Analyzes and teaches regulations on the organization of sports for people with disabilities. Teaches the rules of technical safety during sports training.

Purpose of studying of the discipline

Formation of students` readiness to use the theoretical knowledge obtained as a result of mastering the discipline, as well as the practical skills necessary for the scientifically based use of outdoor games in various forms of work.

Learning Outcomes

ON2 Apply modern teaching technologies and criteria-based assessment, taking into account the individual, physiological and psychological characteristics of students.

ON9 Able to apply management competencies in organizing sports activities, taking into account legal norms, to establish relationships with the public, with professional associations, with different age groups.

Prerequisites

Inclusive education

Postrequisites

Pedagogical practice

Professional practice

Discipline cycle	Profiling discipline
Discipline component	University component
SubjectID	34107 (3024469)
Course	3
Term	1
Credits count	20
Working practice	600hours
Total	600hours
Knowledge control form	Total mark on practice

Short description of discipline

Professional practice forms the professional competencies of the future specialist, develops professional skills in the process of performing certain types of work related to the activity. Consolidate the theoretical knowledge gained in general and special subjects in practice, expand the range of methodological activities, improve qualifications under the guidance of experienced specialists. As a coach, he teaches training methods for individual and team sports, planning the overall course of work for competitions.

Purpose of studying of the discipline

Prediploma practice is the completion of writing a thesis (project).

Learning Outcomes

ON 10 Own basic techniques, applied scientific methods and information technology for sports, recreation and health promotion, develop adapted programs and conduct activities related to different individual sports needs.

Prerequisites

Basic and profile disciplines of the EP

Postrequisites

Basic and profile disciplines of the EP

Module 8. Types of the sports directions

PDW: Summer Camp

Discipline cycle	Basic disciplines
Discipline component	University component
SubjectID	34034 (3024456)
Course	1
Term	2
Credits count	5
Lectures	0hours
Practical and seminar classes	45hours
Independent work of a student under the guidance of a teacher	35hours
Independent work of the student	70hours
Total	150hours
Knowledge control form	Examination

Short description of discipline

The discipline teaches a complex of psychological and diagnostic methods for mastering the basics of organizing a summer health camp. Examines information about the basics of modern training technologies and the system of physical culture and health work by young people in order to form professional competencies. Familiarizes with the educational and material base of suburban sports facilities and with the system of reception of basic methods for practical physical culture and recreation and sports and mass work. Creates conditions for obtaining primary work experience in a physical culture team.

Purpose of studying of the discipline

Organization of active recreation, creation of optimal conditions that ensure proper rest, their creative development and recovery.

Learning Outcomes

ON3 To form the foundations of pedagogical knowledge in programs of physical education, health and sports activities in the educational process, using educational and material resources.

ON 10 Own basic techniques, applied scientific methods and information technology for sports, recreation and health promotion, develop adapted programs and conduct activities related to different individual sports needs.

Prerequisites

School course

Postrequisites

Basic and profile disciplines of the EP

Disabled sports

Discipline cycle	Basic disciplines
Discipline component	University component
SubjectID	34032 (3024448)
Course	1
Term	2
Credits count	3
Lectures	0hours
Practical and seminar classes	30hours
Independent work of a student under the guidance of a teacher	20hours
Independent work of the student	40hours
Total	90hours
Knowledge control form	Examination

Short description of discipline

The discipline studies the history of the development of Paralympic, Deaflympic and special sports. The basics of the system of physical education of people with disabilities and material and technical support are considered. The basics of teaching sports games, techniques and methods of ball possession, passing and throwing are studied. The basic methods of individual and team play, the technique and tactics of the game and the basic rules of the organization and conduct of competitions are given.

Purpose of studying of the discipline

The goal of disability sports is to restore the social status of a disabled person and preserve the integrity of his personality. In addition, sports for people with disabilities ensures the development of the musculoskeletal system, strengthens health, hardens, increases performance, helps to cultivate the strong-willed and moral qualities of an athlete, and ensures the active participation of a disabled person in public life.

Learning Outcomes

ON 10 Own basic techniques, applied scientific methods and information technology for sports, recreation and health promotion, develop adapted programs and conduct activities related to different individual sports needs.

Prerequisites

Basic and profile disciplines of the EP

Postrequisites

Basic and profile disciplines of the EP

Self defense

Discipline cycle	Profiling discipline
Discipline component	University component
SubjectID	34038 (3024450)
Course	1
Term	2
Credits count	3
Lectures	15hours
Practical and seminar classes	15hours
Independent work of a student under the guidance of a teacher	20hours
Independent work of the student	40hours
Total	90hours
Knowledge control form	Examination

Short description of discipline

The discipline contains theoretical information about the history of the development of types of wrestling and determines the types of self-defense, assessing behavior in a situation of physical confrontation. Considers some features of the formation of special motor skills and physical qualities of an athlete. Gives the basics of the initial technique of teaching techniques, studies the basic methods of general physical, special, technical and psychological training, taking into account individual abilities at various stages of the educational and training process.

Purpose of studying of the discipline

The purpose of self-defense is to ensure personal safety. It reduces the risk of encountering criminal acts and makes everyday life more secure.

Learning Outcomes

ON 10 Own basic techniques, applied scientific methods and information technology for sports, recreation and health promotion, develop adapted programs and conduct activities related to different individual sports needs.

Prerequisites

School course

Postrequisites

Basic and profile disciplines of the EP

E-sport

Discipline cycle	Basic disciplines
Discipline component	University component
SubjectID	34041 (3024459)

Course	2
Term	1
Credits count	4
Practical and seminar classes	45hours
Independent work of a student under the guidance of a teacher	25hours
Independent work of the student	50hours
Total	120hours
Knowledge control form	Examination

Short description of discipline

The course defines the mind games of E-sports, plans and trains the organization of competitions in the virtual space, compares traditional gaming sports and modern types of esports, evaluates the order of action in esports. Teaches you to analyze the current market situation and potential development in modern virtual cyber games and compare digital technologies, find advanced marketing research methods for market analysis.

Purpose of studying of the discipline

E-sport is an activity of people (athletes) organized according to certain rules, consisting of comparing their physical and/or intellectual abilities

Learning Outcomes

ON 10 Own basic techniques, applied scientific methods and information technology for sports, recreation and health promotion, develop adapted programs and conduct activities related to different individual sports needs.

Prerequisites

Basic and profile disciplines of the EP

Postrequisites

Basic and profile disciplines of the EP Professional practice

E-technologies in sports

Discipline cycle	Profiling discipline
Discipline component	University component
SubjectID	34042 (3024460)
Course	2
Term	1
Credits count	3
Lectons	0hours
Practical and seminar classes	30hours
Independent work of a student under the guidance of a teacher	20hours
Independent work of the student	40hours
Total	90hours
Knowledge control form	Examination

Short description of discipline

The discipline determines the rules and regulations of labor protection, teaches how to find electronic information technologies. Compares devices and applications for monitoring physical activity, diagnoses new technologies and new sports. Uses navigation devices for sports, analyzes the market for high-tech devices for amateurs and professionals. During the training and competitive process, he uses new technologies and masters new sports.

Purpose of studying of the discipline

E-sport is an activity of people (athletes) organized according to certain rules, consisting of comparing their physical and/or intellectual abilities

Learning Outcomes

ON 10 Own basic techniques, applied scientific methods and information technology for sports, recreation and health promotion, develop adapted programs and conduct activities related to different individual sports needs.

Prerequisites

Basic and profile disciplines of the EP

Postrequisites

Basic and profile disciplines of the EP Professional practice

Olympic and professional sports

Discipline cycle	Profiling discipline
Discipline component	University component
SubjectID	34046 (3024462)
Course	2
Term	2
Credits count	3
Lectons	15hours
Practical and seminar classes	15hours
Independent work of a student under the guidance of a teacher	20hours
Independent work of the student	40hours
Total	90hours

Knowledge control form

Examination

Short description of discipline

The content of the discipline studies the history of origin, features, functions, management, economics and legal support of Olympic and professional sports. Examines general information about the training system of professional athletes and the basics of organizing the training process of professional athletes. The features of the methodology of organizing and conducting Olympic-level competitions, training camps, "training pauses" and the transition period of athletes' retraining, "full rest" in the chosen sport are considered.

Purpose of studying of the discipline

"The Olympic Movement and Professional Sports" is a study of the history and values of the international Olympic movement.

Learning Outcomes

ON 10 Own basic techniques, applied scientific methods and information technology for sports, recreation and health promotion, develop adapted programs and conduct activities related to different individual sports needs.

Prerequisites

Basic and profile disciplines of the EP

Postrequisites

Professional practice

Individual sports;

Discipline cycle	Basic disciplines
Discipline component	University component
SubjectID	34049 (3024473)
Course	3
Term	1
Credits count	3
Lectons	0hours
Practical and seminar classes	30hours
Independent work of a student under the guidance of a teacher	20hours
Independent work of the student	40hours
Total	90hours
Knowledge control form	Examination

Short description of discipline

The course is aimed at studying the peculiarities of selection, preparation and conduct of tactical and technical training of athletes in individual sports. Considers the work of selecting judges to serve the competition, as well as their training and retraining in accordance with the peculiarities of the competition. Describes the features of the ability to develop, plan and conduct events related to individual sports.

Purpose of studying of the discipline

To give students a deep theoretical and practical foundation in all sports, as well as teach them how to practically implement its basic concepts in various educational institutions and sports organizations.

Learning Outcomes

ON 10 Own basic techniques, applied scientific methods and information technology for sports, recreation and health promotion, develop adapted programs and conduct activities related to different individual sports needs.

Prerequisites

Basic and profile disciplines of the EP

Postrequisites

Professional practice

Non-Olympic team games

Discipline cycle	Basic disciplines
Discipline component	University component
SubjectID	34050 (3024474)
Course	3
Term	1
Credits count	3
Practical and seminar classes	30hours
Independent work of a student under the guidance of a teacher	20hours
Independent work of the student	40hours
Total	90hours
Knowledge control form	Examination

Short description of discipline

The discipline studies the mass sports orientation and reveals an emotionally significant environment for the development of a child. Promotes awareness and differentiation of personally significant interests, compensating for the limited opportunities for individual development of children in a comprehensive school. Forms the value priorities of the program of the educational process, the formation of a healthy lifestyle, self-development of the individual, the creation of conditions for pedagogical creativity, support and development of children's sports talent through their chosen sport.

Purpose of studying of the discipline

To provide students with deep theoretical foundations of physical culture and sports, as well as to teach them how to practically implement its basic concepts in various educational institutions and sports organizations.

Learning Outcomes

ON 10 Own basic techniques, applied scientific methods and information technology for sports, recreation and health promotion, develop adapted programs and conduct activities related to different individual sports needs.

Prerequisites

Basic and profile disciplines of the EP

Postrequisites

Professional practice

Final examination

Writing and defending a thesis or preparing and passing a comprehensive exam

Comprehensive exam

Credits count 8

Diploma work

Credits count 8

4. Summary table on the scope of the educational program
«6B01406 - Physical Culture and Sport/ Manager of Sport and Recreation»

Name of discipline	Cycle/ Component	Term	Number of credits	Total hours	Lec	SPL	LC	IWST	IWS	Knowledge control form
Module 1. Fundamentals of social and humanitarian knowledge										
Library training	GER/CC	1	3	90	15	15		20	40	Examination
Foreign language	GER/CC	1	5	150		45		35	70	Examination
Kazakh language	GER/CC	1	5	150		45		35	70	Examination
The module of socio-political knowledge (sociology, political science, cultural studies, psychology)	GER/CC	1	8	240	30	45		55	110	Examination
Practical foundations of distance learning	GER/CC	1	3	90	15	15		20	40	Examination
Russian language	GER/CC	1	5	150		45		35	70	Examination
Physical Culture	GER/CC	1	2	60		60				Differentiated attestation
Ethics	GER/CC	1	3	90	15	15		20	40	Examination
Kazakh language	GER/CC	2	5	150		45		35	70	Examination
Foreign language	GER/CC	2	5	150		45		35	70	Examination
Culture of the Polish language	GER/CC	2	4	120	0	45		25	50	Examination
Occupational health and safety training	GER/CC	2	3	90	15	15		20	40	Examination
Fundamentals of law and protection of intellectual property	GER/CC	2	3	90	15	15		20	40	Examination
Bases of economics, law and ecological knowledge	GER/US	2	5	150	15	30		35	70	Examination
Russian language	GER/CC	2	5	150		45		35	70	Examination
Social core competencies	GER/CC	2	3	90	15	15		20	40	Examination
Specialized foreign language;	GER/CC	2	3	90	0	30		20	40	Examination
Physical Culture	GER/CC	2	2	60		60				Differentiated attestation
Economics and sports business	BS/CCh	2	3	90	15	15		20	40	Examination
History of Kazakhstan	GER/CC	3	5	150	30	15		35	70	Qualification examination
Physical Culture	GER/CC	3	2	60		60				Differentiated attestation
Information and communication technology	GER/CC	4	5	150	15	15	15	35	70	Examination
Physical Culture	GER/CC	4	2	60		60				Differentiated attestation
World of Abai	BS/US	4	3	90	15	15		20	40	Examination
Philosophy	GER/CC	6	5	150	15	30		35	70	Examination
Module 2. Psychological-pedagogical and methodological training of personnel										

Introduction to the profession of a physical education and sports teacher	BS/US	1	3	90	15	15		20	40	Examination
Age psychology and physiology	BS/US	1	5	150	15	30		35	70	Examination
Pedagogy	BS/US	2	5	150	15	30		35	70	Examination
Technologies of the updated content of education and criteria assessment	BS/US	2	5	150	15	30		35	70	Examination
Educational practice	BS/US	2	2	60						Total mark on practice
Inclusive education	BS/US	3	3	90	15	15		20	40	Examination
Fundamentals of human anatomy and physiology	BS/US	4	4	120	15	30		25	50	Examination
Pedagogical practice	BS/US	4	3	90						Total mark on practice
Pedagogical practice (psychological and pedagogical)	BS/US	4	2	60						Total mark on practice
Methods of teaching physical education	BS/US	6	5	150	30	15		35	70	Examination
Methods of organization of extracurricular work on the subject	BS/US	7	6	180	30	30		40	80	Examination
Module 3. Theory and practice of research work										
Acmeology of physical culture and sports	BS/CCh	2	3	90	15	15		20	40	Examination
Psychology of physical culture and sports	BS/CCh	2	3	90	15	15		20	40	Examination
History of Physical Culture and Sports	BS/US	2	5	150	15	30		35	70	Examination
Sociology of physical culture and sports	BS/CCh	3	5	150	15	30		35	70	Examination
Organization of mass recreation activities	BS/US	3	5	150	30	15		35	70	Examination
Basics of research work and sport metrology	BS/CCh	3	5	150	30	15		35	70	Examination
Fundamentals of non-traditional sports and forms of physical education	BS/CCh	3	5	150	30	15		35	70	Examination
Fundamentals of Sports Kinesiology	BS/CCh	3	5	150	30	15		35	70	Examination
Pedagogy of Physical Education and Sport	BS/CCh	3	5	150	30	15		35	70	Examination
Educational and material and regulatory base of physical culture in educational institutions	BS/US	3	5	150	30	15		35	70	Examination
Fundamentals of health-saving technologies	BS/US	6	5	150	30	15		35	70	Examination
Shooting with the methods of teaching	BS/CCh	7	6	180	30	30		40	80	Examination
Theory and methods of teaching basic sports	BS/CCh	7	6	180	30	30		40	80	Examination
Martial arts with teaching methods	AS/CCh	7	6	180	30	30		40	80	Examination
Pregraduation practice	AS/US	8	15	450						Total mark on practice
Manufacturing (pedagogical) practice	AS/US	8	15	450						Total mark on practice
Module 4. Theory and methodology of sports										
Marketing of physical culture and sports	BS/CCh	5	5	150	30	15		35	70	Examination
Fundamentals of managing the process of sports training	BS/CCh	5	5	150	30	15		35	70	Examination
Types of struggle with the teaching methodology	BS/CCh	6	5	150	30	15		35	70	Examination
Pedagogical practice	BS/US	6	5	150						Total mark on practice

Theory and methodology of Paralympic winter sports	BS/CCh	6	5	150	30	15		35	70	Examination
Theory and methodology of sports training	BS/CCh	6	5	150	30	15		35	70	Examination
Professional practice	AS/US	6	10	300						Total mark on practice
Bases of the organization of sports sections in educational institutions	BS/CCh	7	7	210	30	45		45	90	Examination
Hygiene of physical culture and sports	BS/CCh	7	6	180	30	30		40	80	Examination
Theory methods of youth sports	BS/CCh	7	7	210	30	45		45	90	Examination
Physiological bases of physical education and sports	BS/CCh	7	6	180	30	30		40	80	Examination
Module 5. Practical activities										
Dartz teaching methods	AS/CCh	2	5	150	15	30		35	70	Examination
Athletics teaching methodology	AS/CCh	2	5	150	15	30		35	70	Examination
Basics of tourism and orienteering	AS/CCh	2	5	150	15	30		35	70	Examination
Swimming with the methods of teaching	AS/CCh	3	5	150	15	30		35	70	Examination
Regbi with the methods of teaching	AS/CCh	3	5	150	15	30		35	70	Examination
Volleyball with the methods of teaching	AS/CCh	5	5	150	15	30		35	70	Examination
A sitting volleyball with the methods of teaching	AS/CCh	5	5	150	15	30		35	70	Examination
Handball with the methods of teaching	BS/CCh	6	5	150	15	30		35	70	Examination
Golbal with the methods of teaching	BS/CCh	6	5	150	15	30		35	70	Examination
Basketball with teaching methods	AS/CCh	6	5	150	15	30		35	70	Examination
Wheelchair basketball with the methods of teaching	AS/CCh	6	5	150	15	30		35	70	Examination
Mini football with the methods of teaching	AS/CCh	6	5	150	15	30		35	70	Examination
Basics of football training 5x5 and 7x7	AS/CCh	6	5	150	15	30		35	70	Examination
Football with the methodology of teaching	AS/CCh	6	5	150	15	30		35	70	Examination
Table tennis with teaching methods	AS/CCh	7	6	180	30	30		40	80	Examination
Interactive games with the method of recover	AS/CCh	7	6	180	30	30		40	80	Examination
National sports teaching methodology	AS/CCh	7	6	180	30	30		40	80	Examination
Tennis teaching methodology	AS/CCh	7	6	180	30	30		40	80	Examination
Module 6. Recreational Motor Activities										
Outdoor games with the method of inclusive learning	AS/CCh	3	5	150	15	30		35	70	Examination
Moving, recreational games in sports	AS/CCh	3	5	150	15	30		35	70	Examination
Organization and holding of sporting events	BS/CCh	4	7	210	30	45		45	90	Examination
Basics of recreation and methods of statistics in sports	BS/CCh	4	7	210	30	45		45	90	Examination
Badminton with the methods of teaching	AS/CCh	6	5	150	30	15		35	70	Examination
Rhythmic and recreational gymnastics	AS/CCh	6	5	150	30	15		35	70	Examination
Module 7. Fundamentals of personality formation in society										

Sociology in sports	GER/CC	2	3	90	15	15		20	40	Examination
Organization of sports and recreational activities	BS/US	2	5	150	30	15		35	70	Examination
PDW: International sports organizations	AS/US	2	3	90	15	15		20	40	Examination
Public relations in sports;	AS/US	2	3	90	0	30		20	40	Examination
Negotiation techniques in business and sports;	AS/US	2	3	90	0	30		20	40	Examination
Personnel Management	AS/US	2	3	90	0	30		20	40	Examination
Intercultural integration	GER/CC	4	3	90		30		20	40	Examination
Theory of sports	BS/US	4	3	90	15	15		20	40	Examination
Competition in the sports market	AS/US	4	3	90	15	15		20	40	Examination
Law in sports	AS/US	4	3	90	15	15		20	40	Examination
Sustainable development	AS/US	4	3	90	15	15		20	40	Examination
Finance in sports	AS/US	4	3	90	15	15		20	40	Examination
PDW: Relaxation techniques	AS/US	5	3	90	0	30		20	40	Examination
PDW: Functional Training	AS/US	5	3	90		30		20	40	Examination
Organization of sports for people with disabilities	AS/US	5	3	90	15	15		20	40	Examination
Professional practice	AS/US	5	20	600						Total mark on practice
Module 8. Types of the sports directions										
PDW: Summer Camp	BS/US	2	5	150	0	45		35	70	Examination
Disabled sports	BS/US	2	3	90	0	30		20	40	Examination
Self defense	AS/US	2	3	90	15	15		20	40	Examination
E-sport	BS/US	3	4	120		45		25	50	Examination
E-technologies in sports	AS/US	3	3	90	0	30		20	40	Examination
Olympic and professional sports	AS/US	4	3	90	15	15		20	40	Examination
Individual sports;	BS/US	5	3	90	0	30		20	40	Examination
Non-Olympic team games	BS/US	5	3	90		30		20	40	Examination
Final examination										
Comprehensive exam		8	8	240						
Diploma work		8	8	240						